

TuS Griesheim Leichtathletik - Jahresbestenliste 2012

Aktueller Stand: Die Bestenliste beinhaltet derzeit Daten von den Laufwettbewerben 2012 sowie die verfügbaren Laufbestzeiten bis 2006. Die daraus abgeleiteten Vereinsrekorde und persönliche Bestzeiten also bitte mit Vorsicht genießen... Noch nicht ausgewertet sind insbesondere: Laufergebnisse 2007-2011, Mehrkampf-/Wurf- und Sprungdisziplinen sowie Mannschafts- und Staffelwettbewerbe.

Abkürzungs-/Symbolerklärung:

VA = (vermuteter) Vereins-Altersklassenrekord

N = Nettozeit bei Zeitmessung mit Chip

△ = Zwischenzeit

~ = auf nicht-DLV-vermessener Strecke

* = (vermutliche) persönliche Bestzeit



| N | △ | ~ | Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|-----------------------------------|---|---|-------------|-----------------------------|--------|------------|--------------------|-------------|
| weibliche U12 (SC, W10/11) | | | | | | | | |
| 30 m (Halle) | | | | | | | | |
| VA | | | 00:00:05,2 | Rampoldt, Lousia (2001) | TuS-LA | 22.01.2012 | Höchst i. Odw. | |
| | | | 00:00:05,2 | Rampoldt, Lousia (2001) | TuS-LA | 22.01.2012 | Höchst i. Odw. | |
| | | | 00:00:05,5 | Resch, Isabell (2001) | TuS-LA | 22.01.2012 | Höchst i. Odw. | |
| | | | 00:00:05,5 | Schottenheimer, Anna (2001) | TuS-LA | 22.01.2012 | Höchst i. Odw. | |
| | | | 00:00:05,5 | Frankfurth, Eva (2001) | TuS-LA | 22.01.2012 | Höchst i. Odw. | |
| | | | 00:00:05,6 | Wissmann, Sina (2001) | TuS-LA | 22.01.2012 | Höchst i. Odw. | |
| 50 m (Halle) | | | | | | | | |
| VA | | | 00:00:08,25 | Frankfurth, Eva (2001) | TuS-LA | 04.03.2012 | Frankfurt - Kalbac | |
| | | | 00:00:08,25 | Frankfurth, Eva (2001) | TuS-LA | 04.03.2012 | Frankfurt - Kalbac | |
| | | | 00:00:08,28 | Resch, Isabell (2001) | TuS-LA | 04.03.2012 | Frankfurt - Kalbac | |
| | | | 00:00:08,48 | Schottenheimer, Anna (2001) | TuS-LA | 04.03.2012 | Frankfurt - Kalbac | |
| | | | 00:00:08,53 | Wissmann, Sina (2001) | TuS-LA | 04.03.2012 | Frankfurt - Kalbac | |
| | | | 00:00:08,79 | Barthel, Marcia (2001) | TuS-LA | 04.03.2012 | Frankfurt - Kalbac | |
| 50 m | | | | | | | | |
| VA | | | 00:00:08,02 | Rampoldt, Lousia (2001) | TuS-LA | 20.05.2012 | Darmstadt | |
| | | | 00:00:08,02 | Rampoldt, Lousia (2001) | TuS-LA | 20.05.2012 | Darmstadt | |
| | | | 00:00:08,06 | Frankfurth, Eva (2001) | TuS-LA | 06.05.2012 | Egelsbach | |
| | | | 00:00:08,30 | Wissmann, Sina (2001) | TuS-LA | 09.09.2012 | Egelsbach | |
| | | | 00:00:08,53 | Schottenheimer, Anna (2001) | TuS-LA | 20.05.2012 | Darmstadt | |
| | | | 00:00:08,69 | Barthel, Marcia (2001) | TuS-LA | 20.05.2012 | Darmstadt | |
| | | | 00:00:08,70 | Hauschild, Swenja (2002) | TuS-LA | 06.05.2012 | Egelsbach | |
| | | | 00:00:09,09 | Waiblinger, Vanessa (2001) | TuS-LA | 20.05.2012 | Darmstadt | |
| | | | 00:00:09,38 | Lechner, Sarah (2002) | TuS-LA | 06.05.2012 | Egelsbach | |
| 200 m (Halle) | | | | | | | | |
| VA | | | 00:00:36,8 | Schottenheimer, Anna (200 | TuS-LA | 22.01.2012 | Höchst i. Odw. | |

| N | △ | Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|---|---|------------|-----------------------------|--------|------------|----------------|-------------|
| | | 00:00:36,8 | Schottenheimer, Anna (2001) | TuS-LA | 22.01.2012 | Höchst i. Odw. | |
| | | 00:00:37,3 | Wissmann, Sina (2001) | TuS-LA | 22.01.2012 | Höchst i. Odw. | |
| | | 00:00:37,8 | Rampoldt, Lousia (2001) | TuS-LA | 22.01.2012 | Höchst i. Odw. | |
| | | 00:00:38,4 | Resch, Isabell (2001) | TuS-LA | 22.01.2012 | Höchst i. Odw. | |
| | | 00:00:38,7 | Frankfurth, Eva (2001) | TuS-LA | 22.01.2012 | Höchst i. Odw. | |

800 m

| | | | | | | | |
|----|--|-------------|--------------------------|--------|------------|-----------|--|
| VA | | 00:02:58,10 | Frankfurth, Eva (2001) | TuS-LA | 20.05.2012 | Darmstadt | |
| | | 00:02:58,10 | Frankfurth, Eva (2001) | TuS-LA | 20.05.2012 | Darmstadt | |
| | | 00:03:25,3 | Dasler, Loreen (2002) | TuS-LA | 24.04.2012 | Darmstadt | |
| | | 00:03:26,3 | Hauschild, Swenja (2002) | TuS-LA | 24.04.2012 | Darmstadt | |

2.000 m

| | | | | | | | |
|----|--|------------|------------------------|--------|------------|-----------|--|
| VA | | 00:08:46,4 | Frankfurth, Eva (2001) | TuS-LA | 24.04.2012 | Darmstadt | |
| | | 00:08:46,4 | Frankfurth, Eva (2001) | TuS-LA | 24.04.2012 | Darmstadt | |

weibliche U14 (SB, W12/13)

60 m (Halle)

| | | | | | |
|----|-------------|-------------------------|--------|------------|--------------------|
| VA | 00:00:09,63 | Parab, Josephine (2000) | TuS-LA | 04.03.2012 | Frankfurt - Kalbac |
| | 00:00:09,63 | Parab, Josephine (2000) | TuS-LA | 04.03.2012 | Frankfurt - Kalbac |

75 m

| | | | | | |
|----|-------------|-------------------------|--------|------------|-----------|
| VA | 00:00:11,70 | Grotz, Melanie (1999) | TuS-LA | 20.05.2012 | Darmstadt |
| | 00:00:11,70 | Grotz, Melanie (1999) | TuS-LA | 20.05.2012 | Darmstadt |
| | 00:00:11,75 | Parab, Josephine (2000) | TuS-LA | 20.05.2012 | Darmstadt |

2.000 m

| | | | | | |
|----|------------|-------------------------|--------|------------|-----------|
| VA | 00:08:16,3 | Dasler, Michelle (1999) | TuS-LA | 24.04.2012 | Darmstadt |
| | 00:08:16,3 | Dasler, Michelle (1999) | TuS-LA | 24.04.2012 | Darmstadt |

5 km

| | | | | | |
|----|----------|-------------------------|--------|------------|-------------|
| VA | 00:23:00 | Dasler, Michelle (1999) | TuS-LA | 25.05.2012 | Wolfskehlen |
| | 00:23:00 | Dasler, Michelle (1999) | TuS-LA | 25.05.2012 | Wolfskehlen |

weibliche U16 (SA, W14/15)

60 m (Halle)

| | | | | | |
|----|-------------|--------------------------|--------|------------|--------------------|
| VA | 00:00:08,95 | Resch, Ramona (1997) | TuS-LA | 04.03.2012 | Frankfurt - Kalbac |
| | 00:00:08,95 | Resch, Ramona (1997) | TuS-LA | 04.03.2012 | Frankfurt - Kalbac |
| | 00:00:09,25 | Barthel, Michelle (1998) | TuS-LA | 04.03.2012 | Frankfurt - Kalbac |
| | 00:00:09,46 | Schulz, Annika (1998) | TuS-LA | 05.02.2012 | Darmstadt |

80 m Hürden

| | | | | | |
|----|-------------|--------------------------|--------|------------|-----------|
| VA | 00:00:14,84 | Barthel, Michelle (1998) | TuS-LA | 19.05.2012 | Darmstadt |
| | 00:00:14,84 | Barthel, Michelle (1998) | TuS-LA | 19.05.2012 | Darmstadt |

100 m

| | | | | | |
|----|-------------|--------------------------|--------|------------|-----------|
| VA | 00:00:14,01 | Resch, Ramona (1997) | TuS-LA | 19.05.2012 | Darmstadt |
| | 00:00:14,01 | Resch, Ramona (1997) | TuS-LA | 19.05.2012 | Darmstadt |
| | 00:00:14,92 | Barthel, Michelle (1998) | TuS-LA | 19.05.2012 | Darmstadt |

5 km

| | | | | | |
|----|----------|------------------------|--------|------------|-----------|
| VA | 00:21:57 | Zöller, Johanna (1997) | TuS-LA | 31.12.2012 | Griesheim |
| | 00:21:57 | Zöller, Johanna (1997) | TuS-LA | 31.12.2012 | Griesheim |
| | 00:25:11 | Bischof, Tamara (1998) | TuS-LA | 31.12.2012 | Griesheim |

weibliche U18 (WJB, W16/17)

5 km

| | | | | | |
|----|----------|--------------------------|--------|------------|-----------|
| VA | 00:21:57 | Zöller, Katharina (1995) | TuS-LA | 31.12.2012 | Griesheim |
| | 00:21:57 | Zöller, Katharina (1995) | TuS-LA | 31.12.2012 | Griesheim |

Juniorinnen (W20-22)

10 km

| | | | | | |
|----|----------|------------------------|---------|------------|-----------|
| VA | 00:38:14 | Sieburger, Lisa (1991) | TuS-Tri | 31.12.2012 | Griesheim |
|----|----------|------------------------|---------|------------|-----------|

| | | | | | |
|--|----------|------------------------|---------|------------|-----------|
| | 00:38:14 | Sieburger, Lisa (1991) | TuS-Tri | 31.12.2012 | Griesheim |
|--|----------|------------------------|---------|------------|-----------|

| | | | | | |
|---|-------------|----------------------------|---------|------------|----------|
| △ | 00:46:45,30 | Rossmann, Catherine (1990) | TuS-Tri | 23.09.2012 | Bensheim |
|---|-------------|----------------------------|---------|------------|----------|

Halbmarathon (21,0975 km)

| | | | | | |
|----|-------------|----------------------------|---------|------------|----------|
| VA | 01:40:27,65 | Rossmann, Catherine (1990) | TuS-Tri | 23.09.2012 | Bensheim |
|----|-------------|----------------------------|---------|------------|----------|

| | | | | | |
|---|-------------|----------------------------|---------|------------|----------|
| N | 01:40:27,65 | Rossmann, Catherine (1990) | TuS-Tri | 23.09.2012 | Bensheim |
|---|-------------|----------------------------|---------|------------|----------|

| N | △ | ~ | Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|----------------------------------|-----|---|-------------|-----------------------------|---------|------------|--------------|----------------|
| Frauen Hauptklasse (WHK) | | | | | | | | |
| 3.000 m | | | | | | | | |
| | VA | | 00:10:28,93 | Kaster, Elke (1957) | TuS-LA | 28.06.1986 | Bürstadt | |
| | | | 00:12:35,6 | Wälzlein, Cathrin (1986) | TuS-LA | 24.04.2012 | Darmstadt | |
| 5 km | | | | | | | | |
| | VA | | 00:21:25,4 | Wälzlein, Cathrin (1986) | TuS-LA | 23.06.2012 | Altheim | |
| | | | 00:21:25,4 | Wälzlein, Cathrin (1986) | TuS-LA | 23.06.2012 | Altheim | |
| | | | 00:23:20 | Heller, Melanie (1984) | TuS-LA | 25.05.2012 | Wolfskehlen | 347Runningteam |
| | ~ | | 00:24:38,1 | Heß, Margarete (1986) | TuS-LA | 20.06.2012 | Darmstadt | |
| | ~ | | 00:30:07,2 | Kuttich, Kirsten (1985) | OLC | 20.06.2012 | Darmstadt | |
| 10 km | | | | | | | | |
| | VA | | 00:36:20,1 | Heil, Anja (1971) | TuS-Tri | 13.02.1999 | Groß-Gerau | |
| | | | 00:38:14 | Sieburger, Lisa (1991) | TuS-Tri | 31.12.2012 | Griesheim | |
| | N | | 00:43:25 | Wälzlein, Cathrin (1986) | TuS-LA | 15.04.2012 | Griesheim | |
| | △ | | 00:46:45,30 | Rossmann, Catherine (1990) | TuS-Tri | 23.09.2012 | Bensheim | |
| | N △ | | 00:51:36 | Heller, Melanie (1984) | TuS-LA | 11.03.2012 | Frankfurt | |
| 15 km | | | | | | | | |
| | VA | | 00:58:52 | Weber[-Seidler], Ute (1957) | TuS-LA | 09.08.1986 | Griesheim | |
| | N △ | | 01:14:30 | Wälzlein, Cathrin (1986) | TuS-LA | 28.10.2012 | Frankfurt | |
| 20 km | | | | | | | | |
| | VA | | 01:22:25,6 | Bernhardt, Sandra (1979) | TuS-Tri | 28.09.2003 | Kronberg/Ts. | |
| | N △ | | 01:39:21 | Wälzlein, Cathrin (1986) | TuS-LA | 28.10.2012 | Frankfurt | |
| Halbmarathon (21,0975 km) | | | | | | | | |
| | VA | | 01:25:29 | Schricket, Katja (1965) | TuS-Tri | 30.08.1992 | Egelsbach | |
| | | | 01:37:26,12 | Wälzlein, Cathrin (1986) | TuS-LA | 14.10.2012 | Offenbach | |
| | N | | 01:40:27,65 | Rossmann, Catherine (1990) | TuS-Tri | 23.09.2012 | Bensheim | |
| | N | | 01:55:16 | Heller, Melanie (1984) | TuS-LA | 11.03.2012 | Frankfurt | |
| 25 km | | | | | | | | |
| | VA | | 01:44:33 | Weber[-Seidler], Ute (1957) | TuS-LA | 19.04.1986 | F-Schwanheim | |
| | N △ | | 02:04:47 | Wälzlein, Cathrin (1986) | TuS-LA | 28.10.2012 | Frankfurt | |
| 30 km | | | | | | | | |
| | VA | | 02:31:09 | Wälzlein, Cathrin (1986) | TuS-LA | 28.10.2012 | Frankfurt | |
| | N △ | | 02:31:09 | Wälzlein, Cathrin (1986) | TuS-LA | 28.10.2012 | Frankfurt | |
| Marathon (42,195 km) | | | | | | | | |
| | VA | | 03:06:21 | Schricket, Katja (1965) | TuS-Tri | 30.10.1988 | Frankfurt | |
| | N | | 03:40:15 | Wälzlein, Cathrin (1986) | TuS-LA | 28.10.2012 | Frankfurt | |

| N | △ | ↳ Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|----------------|---|-------------|---------------------------|---------|------------|-------------|-------------|
| W30 | | | | | | | |
| 1.500 m | | | | | | | |
| VA | | 00:04:58,84 | Korte, Irena (1953) | TuS-LA | 19.07.1987 | München | |
| | | 00:05:22,86 | Witteborg, Kathrin (1982) | TuS-LA | 04.07.2012 | Pfungstadt | |
| 5 km | | | | | | | |
| VA | | 00:20:58 | Witteborg, Kathrin (1982) | TuS-LA | 31.12.2012 | Griesheim | |
| | | 00:20:58 | Witteborg, Kathrin (1982) | TuS-LA | 31.12.2012 | Griesheim | |
| 10 km | | | | | | | |
| VA | | 00:36:26 | Hille, Claudia (1965) | TuS-Tri | 04.09.1999 | Griesheim | |
| N | | 00:41:29 | Richter, Nadine (1982) | TuS-LA | 31.12.2012 | Frankfurt | |
| | ~ | 00:42:23,17 | Witteborg, Kathrin (1982) | TuS-LA | 21.04.2012 | Nackenheim | |
| | | 00:42:32 | Witteborg, Kathrin (1982) | TuS-LA | 25.05.2012 | Wolfskehlen | |

W35

5 km

| | | | | | | |
|----|------------|-------------------------------|---------|------------|-----------|--|
| VA | 00:22:59,7 | Kessler (geb. Körner), Gesa (| TuS-Tri | 13.05.2012 | Darmstadt | |
|----|------------|-------------------------------|---------|------------|-----------|--|

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|---|------------|-------------------------------|---------|------------|-----------|--|
| ~ | 00:22:25,4 | Kessler (geb. Körner), Gesa (| TuS-Tri | 20.06.2012 | Darmstadt | |
|---|------------|-------------------------------|---------|------------|-----------|--|

| | | | | | | |
|--|------------|-------------------------------|---------|------------|-----------|--|
| | 00:22:59,7 | Kessler (geb. Körner), Gesa (| TuS-Tri | 13.05.2012 | Darmstadt | |
|--|------------|-------------------------------|---------|------------|-----------|--|

| | | | | | | |
|---|----------|--------------------------|---------|------------|--------------|--|
| ~ | 00:23:55 | Östreich, Manuela (1975) | TuS-Tri | 17.11.2012 | Seligenstadt | |
|---|----------|--------------------------|---------|------------|--------------|--|

10 km

| | | | | | | |
|----|------------|-----------------------|---------|------------|-----------|--|
| VA | 00:36:01,3 | Hille, Claudia (1965) | TuS-Tri | 01.07.2000 | Bad Soden | |
|----|------------|-----------------------|---------|------------|-----------|--|

| | | | | | | |
|---|----------|-------------------------------|---------|------------|-----------|------------------------|
| N | 00:44:05 | Kessler (geb. Körner), Gesa (| TuS-Tri | 23.09.2012 | Griesheim | *00:42:25 (21.04.2003) |
|---|----------|-------------------------------|---------|------------|-----------|------------------------|

| | | | | | | |
|--|-------------|------------------------|-----|------------|-----------|--|
| | 00:47:14,46 | Reimer, Susanne (1975) | TuS | 03.11.2012 | Jügesheim | |
|--|-------------|------------------------|-----|------------|-----------|--|

| | | | | | | |
|---|------------|--------------------------|---------|------------|---------|--------------------------|
| ~ | 00:48:23,6 | Östreich, Manuela (1975) | TuS-Tri | 31.12.2012 | München | *00:51:29,9 (03.04.2005) |
|---|------------|--------------------------|---------|------------|---------|--------------------------|

| N | △ | ~ | Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|----------------------------------|----|---|-------------|---------------------------|--------|------------|------------------|-------------|
| W40 | | | | | | | | |
| 800 m | | | | | | | | |
| | VA | | 00:02:26,53 | Korte, Irena (1953) | TuS-LA | 16.07.1993 | Ludwigshafen/Rh | |
| | | | 00:02:57,92 | Bischof, Petra (1970) | TuS-LA | 09.06.2012 | Langen | |
| 1.500 m | | | | | | | | |
| | VA | | 00:04:52,53 | Korte, Irena (1953) | TuS-LA | 18.07.1993 | Ludwigshafen/Rh | |
| | | | 00:05:57,93 | Bischof, Petra (1970) | TuS-LA | 17.06.2012 | Rüsselsheim | |
| 5 km | | | | | | | | |
| | VA | | 00:25:01 | Hammann, Tanja (1970) | TuS-LA | 31.12.2012 | Griesheim | |
| | | ~ | 00:24:28,4 | Koch, Claudia (1970) | TuS-LA | 31.08.2012 | Groß-Umstadt / S | |
| | | | 00:25:01 | Hammann, Tanja (1970) | TuS-LA | 31.12.2012 | Griesheim | |
| | | ~ | 00:26:07,8 | Ölmez, Nurdan (1970) | TuS-LA | 09.12.2012 | Weiterstadt | |
| | | | 00:27:31 | Ölmez, Nurdan (1970) | TuS-LA | 25.05.2012 | Wolfskehlen | |
| 10 km | | | | | | | | |
| | VA | | 00:39:33 | Bayer, Gabriele (1945) | TuS-LA | 27.04.1985 | Passau | |
| | | ~ | 00:50:02,3 | Bischof, Petra (1970) | TuS-LA | 31.08.2012 | Groß-Umstadt / S | |
| | N | | 00:51:14 | Ölmez, Nurdan (1970) | TuS-LA | 23.09.2012 | Griesheim | |
| | N | | 00:51:24 | Hammann, Tanja (1970) | TuS-LA | 23.09.2012 | Griesheim | |
| | △ | | 00:55:23 | Christmann, Sandra (1968) | TuS-LA | 06.10.2012 | Rodenbach | |
| 20 km | | | | | | | | |
| | VA | | 01:40:58 | Weißgerber, Lilo (1934) | TuS-LA | 25.10.1975 | Essen | |
| | △ | | 01:50:03 | Christmann, Sandra (1968) | TuS-LA | 06.10.2012 | Rodenbach | |
| Halbmarathon (21,0975 km) | | | | | | | | |
| | VA | | 01:29:56 | Korte, Irena (1953) | TuS-LA | 29.08.1993 | Egelsbach | |
| | N | | 01:44:12 | Bischof, Petra (1970) | TuS-LA | 06.05.2012 | Mainz | |
| | | | 01:55:35 | Ölmez, Nurdan (1970) | TuS-LA | 14.10.2012 | Köln | |
| 30 km | | | | | | | | |
| | VA | | 02:45:58 | Christmann, Sandra (1968) | TuS-LA | 06.10.2012 | Rodenbach | |
| | △ | | 02:45:58 | Christmann, Sandra (1968) | TuS-LA | 06.10.2012 | Rodenbach | |
| 50 km | | | | | | | | |
| | VA | | 04:37:19 | Christmann, Sandra (1968) | TuS-LA | 06.10.2012 | Rodenbach | |
| | △ | | 04:37:19 | Christmann, Sandra (1968) | TuS-LA | 06.10.2012 | Rodenbach | |
| 60 km | | | | | | | | |
| | VA | | 05:32:46 | Christmann, Sandra (1968) | TuS-LA | 06.10.2012 | Rodenbach | |
| | △ | | 05:32:46 | Christmann, Sandra (1968) | TuS-LA | 06.10.2012 | Rodenbach | |

| N | △ | Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|---------------|---|----------|---------------------------|--------|------------|-----------|-------------|
| 70 km | | | | | | | |
| VA | | 06:29:41 | Christmann, Sandra (1968) | TuS-LA | 06.10.2012 | Rodenbach | |
| | △ | 06:29:41 | Christmann, Sandra (1968) | TuS-LA | 06.10.2012 | Rodenbach | |
| 80 km | | | | | | | |
| VA | | 07:28:38 | Christmann, Sandra (1968) | TuS-LA | 06.10.2012 | Rodenbach | |
| | △ | 07:28:38 | Christmann, Sandra (1968) | TuS-LA | 06.10.2012 | Rodenbach | |
| 90 km | | | | | | | |
| VA | | 08:26:20 | Christmann, Sandra (1968) | TuS-LA | 06.10.2012 | Rodenbach | |
| | △ | 08:26:20 | Christmann, Sandra (1968) | TuS-LA | 06.10.2012 | Rodenbach | |
| 100 km | | | | | | | |
| VA | | 09:24:13 | Christmann, Sandra (1968) | TuS-LA | 06.10.2012 | Rodenbach | |
| N | | 09:24:13 | Christmann, Sandra (1968) | TuS-LA | 06.10.2012 | Rodenbach | |

| N | △ | ~ | Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|-----------------------|----|---|-------------|------------------------------|---------|------------|------------------|--------------------------|
| W45 | | | | | | | | |
| 200 m | | | | | | | | |
| | VA | | 00:00:33,60 | Schoormann, Vera (1965) | TuS-LA | 09.06.2012 | Langen | |
| | | | 00:00:33,60 | Schoormann, Vera (1965) | TuS-LA | 09.06.2012 | Langen | |
| | | | 00:00:34,36 | Peters-Karbstein, Marion (19 | TuS-LA | 09.06.2012 | Langen | |
| 400 m | | | | | | | | |
| | VA | | 00:00:73,9 | Diefenbach, Ute (1959) | TuS-LA | 11.05.2004 | Griesheim | |
| | | | 00:01:10,85 | Schoormann, Vera (1965) | TuS-LA | 17.06.2012 | Rüsselsheim | |
| 800 m | | | | | | | | |
| | VA | | 00:02:45,50 | Bayer, Gabriele (1945) | TuS-LA | 24.08.1990 | Bad Oeynhausen | |
| | | | 00:02:48,86 | Schoormann, Vera (1965) | TuS-LA | 09.06.2012 | Langen | |
| | | | 00:02:50,58 | Peters-Karbstein, Marion (19 | TuS-LA | 09.06.2012 | Langen | |
| 1.500 m | | | | | | | | |
| | VA | | 00:05:26,66 | Bayer, Gabriele (1945) | TuS-LA | 26.08.1990 | Bad Oeynhausen | |
| | | | 00:05:45,24 | Peters-Karbstein, Marion (19 | TuS-LA | 04.07.2012 | Pfungstadt | |
| 5.000 m (Bahn) | | | | | | | | |
| | VA | | 00:21:07,89 | Peters-Karbstein, Marion (1 | TuS-LA | 16.06.2012 | Rüsselsheim | |
| | | | 00:21:07,89 | Peters-Karbstein, Marion (19 | TuS-LA | 16.06.2012 | Rüsselsheim | |
| 5 km | | | | | | | | |
| | VA | | 00:23:28,0 | Zöller, Eva (1966) | TuS-Tri | 13.05.2012 | Darmstadt | |
| | | | 00:23:28,0 | Zöller, Eva (1966) | TuS-Tri | 13.05.2012 | Darmstadt | |
| | △ | | 00:27:15 | Schoormann, Vera (1965) | TuS-LA | 14.10.2012 | München | |
| | N | | 00:28:06 | Schrädt, Astrid (1963) | TuS-LA | 23.09.2012 | Griesheim | |
| | | | 00:32:08 | Domes, Claudia (1967) | TuS | 31.12.2012 | Griesheim | |
| | | | 00:40:56 | Illig-Janich, Kerstin (1967) | TuS | 31.12.2012 | Griesheim | |
| 10 km | | | | | | | | |
| | VA | | 00:40:36 | Bayer, Gabriele (1945) | TuS-LA | 14.04.1990 | Jügesheim | |
| | ~ | | 00:41:15,2 | Peters-Karbstein, Marion (19 | TuS-LA | 12.05.2012 | Ober-Ramstadt | |
| | N | | 00:42:07,1 | Peters-Karbstein, Marion (19 | TuS-LA | 16.09.2012 | Neu-Isenburg | |
| | | | 00:44:32 | Schoormann, Vera (1965) | TuS-LA | 12.05.2012 | Attendorn | |
| | ~ | | 00:46:48,3 | Oeler, Barbara (1967) | TuS | 09.12.2012 | Weiterstadt | |
| | | | 00:47:00,4 | Seifert, Ulrike (1966) | TuS-Tri | 18.02.2012 | Groß-Gerau | *00:45:08 (28.05.2004) |
| | ~ | | 00:50:03,1 | Müller-Wenzel, Beate (1967) | TuS-LA | 31.08.2012 | Groß-Umstadt / S | |
| | ~ | | 00:51:00,8 | Adler, Birgit (1965) | TuS-LA | 04.08.2012 | Gernsheim | *00:54:48,7 (22.05.2005) |
| | ~ | | 00:51:11,8 | Zöller, Eva (1966) | TuS-Tri | 31.08.2012 | Groß-Umstadt / S | *00:53:35,4 (19.03.2005) |
| | N | △ | 00:57:48 | Schrädt, Astrid (1963) | TuS-LA | 11.03.2012 | Lago Maggiore | |

| N | △ | Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|----------------------------------|---|----------|------------------------------|---------|------------|----------------|------------------------|
| 15 km | | | | | | | |
| VA | | 01:03:54 | Bayer, Gabriele (1945) | TuS-LA | 21.11.1990 | Griesheim | |
| N | △ | 01:28:09 | Schrädt, Astrid (1963) | TuS-LA | 11.03.2012 | Lago Maggiore | |
| 20 km | | | | | | | |
| VA | | 01:48:24 | Schoormann, Vera (1965) | TuS-LA | 14.10.2012 | München | |
| | △ | 01:48:24 | Schoormann, Vera (1965) | TuS-LA | 14.10.2012 | München | |
| Halbmarathon (21,0975 km) | | | | | | | |
| VA | | 01:27:43 | Risch, Karin (1946) | TuS-LA | 06.03.1994 | Frankfurt | |
| N | | 01:38:45 | Peters-Karbstein, Marion (19 | TuS-LA | 15.04.2012 | Griesheim | |
| N | | 01:43:06 | Müller-Wenzel, Beate (1967) | TuS-LA | 06.05.2012 | Mainz | |
| N | | 01:44:01 | Schoormann, Vera (1965) | TuS-LA | 15.04.2012 | Griesheim | |
| | | 01:46:14 | Seifert, Ulrike (1966) | TuS-Tri | 26.08.2012 | Egelsbach | *01:39:21 (23.03.2002) |
| N | | 02:09:08 | Schrädt, Astrid (1963) | TuS-LA | 11.03.2012 | Lago Maggiore | |
| 25 km | | | | | | | |
| VA | | 02:02:12 | Bednarczyk, Ursula (1942) | TuS-LA | 30.03.1991 | Jügesheim | |
| | | 02:13:11 | Peters-Karbstein, Marion (19 | TuS-LA | 25.03.2012 | Eschollbrücken | |
| 30 km | | | | | | | |
| VA | | 02:42:16 | Schoormann, Vera (1965) | TuS-LA | 14.10.2012 | München | |
| | △ | 02:42:16 | Schoormann, Vera (1965) | TuS-LA | 14.10.2012 | München | |
| Marathon (42,195 km) | | | | | | | |
| VA | | 03:08:59 | Risch, Karin (1946) | TuS-LA | 29.10.1995 | Frankfurt | |
| N | | 03:48:42 | Schoormann, Vera (1965) | TuS-LA | 14.10.2012 | München | |

| N | △ | ~ | Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|----------------------------------|---|---|-------------|------------------------------|---------|------------|------------------|--------------------------|
| W50 | | | | | | | | |
| 5 km | | | | | | | | |
| VA | | | 00:23:49,3 | Cyll, Susanne (1962) | TuS | 13.05.2012 | Darmstadt | |
| | | ~ | 00:20:33 | Blatz, Regina (1961) | TuS-LA | 06.05.2012 | Großkrotzenburg | |
| | | | 00:23:49,3 | Cyll, Susanne (1962) | TuS | 13.05.2012 | Darmstadt | |
| N | △ | | 00:26:25 | Diefenbach, Ute (1959) | TuS-LA | 11.03.2012 | Lago Maggiore | |
| 10 km | | | | | | | | |
| VA | | | 00:41:04 | Bayer, Gabriele (1945) | TuS-LA | 06.10.1996 | Aarbergen/Taunu | |
| | | ~ | 00:41:03,9 | Blatz, Regina (1961) | TuS-LA | 12.05.2012 | Ober-Ramstadt | |
| | | | 00:41:05,4 | Blatz, Regina (1961) | TuS-LA | 18.02.2012 | Groß-Gerau | |
| | | ~ | 00:51:16,1 | Diefenbach, Ute (1959) | TuS-LA | 31.08.2012 | Groß-Umstadt / S | *00:45:49 (01.11.2005) |
| N | △ | | 00:52:53 | Diefenbach, Ute (1959) | TuS-LA | 11.03.2012 | Lago Maggiore | *00:45:49 (01.11.2005) |
| N | | | 00:56:03 | Kerk, Monika (1962) | TuS-La | 15.04.2012 | Griesheim | *00:55:42 (07.09.1996) |
| | △ | | 00:57:36 | Cyll, Susanne (1962) | TuS | 02.09.2012 | Darmstadt | |
| 15 km | | | | | | | | |
| VA | | | 01:10:58 | Franke[-Mayer], Herta (1937) | TuS-Tri | 01.10.1989 | Hattersheim | |
| | | ~ | 01:07:42,70 | Blatz, Regina (1961) | TuS-LA | 25.06.2012 | Mackenzell | |
| N | △ | | 01:20:02 | Diefenbach, Ute (1959) | TuS-LA | 11.03.2012 | Lago Maggiore | *01:11:24,3 (19.06.2005) |
| Halbmarathon (21,0975 km) | | | | | | | | |
| VA | | | 01:29:20 | Risch, Karin (1946) | TuS-LA | 03.10.1997 | Griesheim | |
| | | ~ | 01:33:05,4 | Blatz, Regina (1961) | TuS-LA | 15.07.2012 | Birstein | |
| N | | | 01:34:01 | Blatz, Regina (1961) | TuS-LA | 15.04.2012 | Griesheim | |
| | | | 01:47:52 | Diefenbach, Ute (1959) | TuS-LA | 07.10.2012 | Brüssel | *01:43:23 (09.05.2004) |
| N | | | 01:55:33 | Cyll, Susanne (1962) | TuS | 02.09.2012 | Darmstadt | |
| 25 km | | | | | | | | |
| VA | | | 01:47:38 | Risch, Karin (1946) | TuS-LA | 03.08.1996 | Bellheim/Pfalz | |
| | | | 02:12:26 | Blatz, Regina (1961) | TuS-LA | 25.03.2012 | Eschollbrücken | |
| Marathon (42,195 km) | | | | | | | | |
| VA | | | 03:06:33 | Risch, Karin (1946) | TuS-LA | 29.09.1996 | Berlin | |
| N | | | 03:19:13 | Blatz, Regina (1961) | TuS-LA | 16.09.2012 | Pleinfeld | |
| N | | | 04:06:35 | Cyll, Susanne (1962) | TuS | 14.10.2012 | München | |

N △ Leistung

Name, Vorname (Jahrgang)

Verein

Datum Ort

Anmerkungen

W70

5 km

| | | | | | |
|----|----------|----------------------|-----|------------|-----------|
| VA | 00:38:52 | Grimm, Ingrid (1941) | TuS | 23.09.2012 | Griesheim |
| N | 00:38:52 | Grimm, Ingrid (1941) | TuS | 23.09.2012 | Griesheim |

| N | △ | ~ | Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|---------------------------|---|---|-------------|-------------------------------|---------|------------|------------------|----------------|
| Frauen (W20 u. ä.) | | | | | | | | |
| 200 m | | | | | | | | |
| VA | | | 00:00:28,5 | Frotscher, Kirsten (1974) | TuS-LA | 19.06.1994 | Groß-Gerau | |
| | | | 00:00:33,60 | Schoormann, Vera (1965) | TuS-LA | 09.06.2012 | Langen | |
| | | | 00:00:34,36 | Peters-Karbstein, Marion (19 | TuS-LA | 09.06.2012 | Langen | |
| 400 m | | | | | | | | |
| VA | | | 00:00:63,19 | Frotscher, Kirsten (1974) | TuS-LA | 06.07.1994 | Pfungstadt | |
| | | | 00:01:10,85 | Schoormann, Vera (1965) | TuS-LA | 17.06.2012 | Rüsselsheim | |
| 800 m | | | | | | | | |
| VA | | | 00:02:26,1 | Korte, Irena (1953) | TuS-LA | 21.08.1992 | Hagen | |
| | | | 00:02:48,86 | Schoormann, Vera (1965) | TuS-LA | 09.06.2012 | Langen | |
| | | | 00:02:50,58 | Peters-Karbstein, Marion (19 | TuS-LA | 09.06.2012 | Langen | |
| | | | 00:02:57,92 | Bischof, Petra (1970) | TuS-LA | 09.06.2012 | Langen | |
| 1.500 m | | | | | | | | |
| VA | | | 00:04:52,53 | Korte, Irena (1953) | TuS-LA | 18.07.1993 | Ludwigshafen/Rh | |
| | | | 00:05:22,86 | Witteborg, Kathrin (1982) | TuS-LA | 04.07.2012 | Pfungstadt | |
| | | | 00:05:45,24 | Peters-Karbstein, Marion (19 | TuS-LA | 04.07.2012 | Pfungstadt | |
| | | | 00:05:57,93 | Bischof, Petra (1970) | TuS-LA | 17.06.2012 | Rüsselsheim | |
| 3.000 m | | | | | | | | |
| VA | | | 00:10:06,6 | Hille, Claudia (1965) | TuS-Tri | 21.04.1998 | Darmstadt | |
| | | | 00:12:35,6 | Wälzlein, Cathrin (1986) | TuS-LA | 24.04.2012 | Darmstadt | |
| 5.000 m (Bahn) | | | | | | | | |
| VA | | | 00:17:20,74 | Hille, Claudia (1965) | TuS-Tri | 05.05.1998 | Wiesbaden | |
| | | | 00:21:07,89 | Peters-Karbstein, Marion (19 | TuS-LA | 16.06.2012 | Rüsselsheim | |
| 5 km | | | | | | | | |
| VA | | | 00:20:58 | Witteborg, Kathrin (1982) | TuS-LA | 31.12.2012 | Griesheim | |
| ~ | | | 00:20:33 | Blatz, Regina (1961) | TuS-LA | 06.05.2012 | Großkrotzenburg | |
| | | | 00:20:58 | Witteborg, Kathrin (1982) | TuS-LA | 31.12.2012 | Griesheim | |
| | | | 00:21:25,4 | Wälzlein, Cathrin (1986) | TuS-LA | 23.06.2012 | Altheim | |
| ~ | | | 00:22:25,4 | Kessler (geb. Körner), Gesa (| TuS-Tri | 20.06.2012 | Darmstadt | |
| | | | 00:22:59,7 | Kessler (geb. Körner), Gesa (| TuS-Tri | 13.05.2012 | Darmstadt | |
| | | | 00:23:20 | Heller, Melanie (1984) | TuS-LA | 25.05.2012 | Wolfskehlen | 347Runningteam |
| | | | 00:23:28,0 | Zöller, Eva (1966) | TuS-Tri | 13.05.2012 | Darmstadt | |
| | | | 00:23:49,3 | Cyll, Susanne (1962) | TuS | 13.05.2012 | Darmstadt | |
| ~ | | | 00:23:55 | Östreich, Manuela (1975) | TuS-Tri | 17.11.2012 | Seligenstadt | |
| ~ | | | 00:24:28,4 | Koch, Claudia (1970) | TuS-LA | 31.08.2012 | Groß-Umstadt / S | |

| N | △ | ~ | Leistung | Name, Vorname (Jahrgang) | Verein | Datum Ort | Anmerkungen |
|---|---|---|------------|------------------------------|--------|--------------------------|-------------|
| | | ~ | 00:24:38,1 | Heß, Margarete (1986) | TuS-LA | 20.06.2012 Darmstadt | |
| | | | 00:25:01 | Hammann, Tanja (1970) | TuS-LA | 31.12.2012 Griesheim | |
| | | ~ | 00:26:07,8 | Ölmez, Nurdan (1970) | TuS-LA | 09.12.2012 Weiterstadt | |
| N | △ | | 00:26:25 | Diefenbach, Ute (1959) | TuS-LA | 11.03.2012 Lago Maggiore | |
| | △ | | 00:27:15 | Schoormann, Vera (1965) | TuS-LA | 14.10.2012 München | |
| | | | 00:27:31 | Ölmez, Nurdan (1970) | TuS-LA | 25.05.2012 Wolfskehlen | |
| N | | | 00:28:06 | Schrädt, Astrid (1963) | TuS-LA | 23.09.2012 Griesheim | |
| | | ~ | 00:30:07,2 | Kuttich, Kirsten (1985) | OLC | 20.06.2012 Darmstadt | |
| | | | 00:32:08 | Domes, Claudia (1967) | TuS | 31.12.2012 Griesheim | |
| N | | | 00:38:52 | Grimm, Ingrid (1941) | TuS | 23.09.2012 Griesheim | |
| | | | 00:40:56 | Illig-Janich, Kerstin (1967) | TuS | 31.12.2012 Griesheim | |

10 km

| | | | | | | | |
|----|---|---|-------------|-------------------------------|---------|-----------------------------|--------------------------|
| VA | | | 00:36:01,3 | Hille, Claudia (1965) | TuS-Tri | 01.07.2000 Bad Soden | |
| | | | 00:38:14 | Sieburger, Lisa (1991) | TuS-Tri | 31.12.2012 Griesheim | |
| | | ~ | 00:41:03,9 | Blatz, Regina (1961) | TuS-LA | 12.05.2012 Ober-Ramstadt | |
| | | | 00:41:05,4 | Blatz, Regina (1961) | TuS-LA | 18.02.2012 Groß-Gerau | |
| | | ~ | 00:41:15,2 | Peters-Karbstein, Marion (19 | TuS-LA | 12.05.2012 Ober-Ramstadt | |
| N | | | 00:41:29 | Richter, Nadine (1982) | TuS-LA | 31.12.2012 Frankfurt | |
| N | | | 00:42:07,1 | Peters-Karbstein, Marion (19 | TuS-LA | 16.09.2012 Neu-Isenburg | |
| | | ~ | 00:42:23,17 | Witteborg, Kathrin (1982) | TuS-LA | 21.04.2012 Nackenheim | |
| | | | 00:42:32 | Witteborg, Kathrin (1982) | TuS-LA | 25.05.2012 Wolfskehlen | |
| N | | | 00:43:25 | Wälzlein, Cathrin (1986) | TuS-LA | 15.04.2012 Griesheim | |
| N | | | 00:44:05 | Kessler (geb. Körner), Gesa (| TuS-Tri | 23.09.2012 Griesheim | *00:42:25 (21.04.2003) |
| | | | 00:44:32 | Schoormann, Vera (1965) | TuS-LA | 12.05.2012 Attendorn | |
| | △ | | 00:46:45,30 | Rossmann, Catherine (1990) | TuS-Tri | 23.09.2012 Bensheim | |
| | | ~ | 00:46:48,3 | Oeler, Barbara (1967) | TuS | 09.12.2012 Weiterstadt | |
| | | | 00:47:00,4 | Seifert, Ulrike (1966) | TuS-Tri | 18.02.2012 Groß-Gerau | *00:45:08 (28.05.2004) |
| | | | 00:47:14,46 | Reimer, Susanne (1975) | TuS | 03.11.2012 Jügesheim | |
| | | ~ | 00:48:23,6 | Östreich, Manuela (1975) | TuS-Tri | 31.12.2012 München | *00:51:29,9 (03.04.2005) |
| | | ~ | 00:50:02,3 | Bischof, Petra (1970) | TuS-LA | 31.08.2012 Groß-Umstadt / S | |
| | | ~ | 00:50:03,1 | Müller-Wenzel, Beate (1967) | TuS-LA | 31.08.2012 Groß-Umstadt / S | |
| | | ~ | 00:51:00,8 | Adler, Birgit (1965) | TuS-LA | 04.08.2012 Gernsheim | *00:54:48,7 (22.05.2005) |
| | | ~ | 00:51:11,8 | Zöller, Eva (1966) | TuS-Tri | 31.08.2012 Groß-Umstadt / S | *00:53:35,4 (19.03.2005) |
| N | | | 00:51:14 | Ölmez, Nurdan (1970) | TuS-LA | 23.09.2012 Griesheim | |
| | | ~ | 00:51:16,1 | Diefenbach, Ute (1959) | TuS-LA | 31.08.2012 Groß-Umstadt / S | *00:45:49 (01.11.2005) |
| N | | | 00:51:24 | Hammann, Tanja (1970) | TuS-LA | 23.09.2012 Griesheim | |
| N | △ | | 00:51:36 | Heller, Melanie (1984) | TuS-LA | 11.03.2012 Frankfurt | |
| N | △ | | 00:52:53 | Diefenbach, Ute (1959) | TuS-LA | 11.03.2012 Lago Maggiore | *00:45:49 (01.11.2005) |

| N | △ | ~ Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|---|---|------------|---------------------------|--------|------------|---------------|------------------------|
| | △ | 00:55:23 | Christmann, Sandra (1968) | TuS-LA | 06.10.2012 | Rodenbach | |
| N | | 00:56:03 | Kerk, Monika (1962) | TuS-La | 15.04.2012 | Griesheim | *00:55:42 (07.09.1996) |
| | △ | 00:57:36 | Cyll, Susanne (1962) | TuS | 02.09.2012 | Darmstadt | |
| N | △ | 00:57:48 | Schrädt, Astrid (1963) | TuS-LA | 11.03.2012 | Lago Maggiore | |

15 km

| | | | | | | | |
|----|---|-------------|--------------------------|--------|------------|---------------|--------------------------|
| VA | | 00:57:54 | Korte, Irena (1953) | TuS-LA | 02.10.1988 | Kassel | |
| | ~ | 01:07:42,70 | Blatz, Regina (1961) | TuS-LA | 25.06.2012 | Mackenzell | |
| N | △ | 01:14:30 | Wälzlein, Cathrin (1986) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | 01:20:02 | Diefenbach, Ute (1959) | TuS-LA | 11.03.2012 | Lago Maggiore | *01:11:24,3 (19.06.2005) |
| N | △ | 01:28:09 | Schrädt, Astrid (1963) | TuS-LA | 11.03.2012 | Lago Maggiore | |

20 km

| | | | | | | | |
|----|---|------------|---------------------------|---------|------------|--------------|--|
| VA | | 01:22:25,6 | Bernhardt, Sandra (1979) | TuS-Tri | 28.09.2003 | Kronberg/Ts. | |
| N | △ | 01:39:21 | Wälzlein, Cathrin (1986) | TuS-LA | 28.10.2012 | Frankfurt | |
| | △ | 01:48:24 | Schoormann, Vera (1965) | TuS-LA | 14.10.2012 | München | |
| | △ | 01:50:03 | Christmann, Sandra (1968) | TuS-LA | 06.10.2012 | Rodenbach | |

Halbmarathon (21,0975 km)

| | | | | | | | |
|----|---|-------------|------------------------------|---------|------------|---------------|------------------------|
| VA | | 01:18:38 | Hille, Claudia (1965) | TuS-Tri | 03.10.1999 | Griesheim | |
| | ~ | 01:33:05,4 | Blatz, Regina (1961) | TuS-LA | 15.07.2012 | Birstein | |
| N | | 01:34:01 | Blatz, Regina (1961) | TuS-LA | 15.04.2012 | Griesheim | |
| | | 01:37:26,12 | Wälzlein, Cathrin (1986) | TuS-LA | 14.10.2012 | Offenbach | |
| N | | 01:38:45 | Peters-Karbstein, Marion (19 | TuS-LA | 15.04.2012 | Griesheim | |
| N | | 01:40:27,65 | Rossmann, Catherine (1990) | TuS-Tri | 23.09.2012 | Bensheim | |
| N | | 01:43:06 | Müller-Wenzel, Beate (1967) | TuS-LA | 06.05.2012 | Mainz | |
| N | | 01:44:01 | Schoormann, Vera (1965) | TuS-LA | 15.04.2012 | Griesheim | |
| N | | 01:44:12 | Bischof, Petra (1970) | TuS-LA | 06.05.2012 | Mainz | |
| | | 01:46:14 | Seifert, Ulrike (1966) | TuS-Tri | 26.08.2012 | Egelsbach | *01:39:21 (23.03.2002) |
| | | 01:47:52 | Diefenbach, Ute (1959) | TuS-LA | 07.10.2012 | Brüssel | *01:43:23 (09.05.2004) |
| N | | 01:55:16 | Heller, Melanie (1984) | TuS-LA | 11.03.2012 | Frankfurt | |
| N | | 01:55:33 | Cyll, Susanne (1962) | TuS | 02.09.2012 | Darmstadt | |
| | | 01:55:35 | Ölmez, Nurdan (1970) | TuS-LA | 14.10.2012 | Köln | |
| N | | 02:09:08 | Schrädt, Astrid (1963) | TuS-LA | 11.03.2012 | Lago Maggiore | |

25 km

| | | | | | | | |
|----|---|----------|------------------------------|--------|------------|----------------|--|
| VA | | 01:40:26 | Gäcklein, Waldtraut (1949) | TuS-LA | 27.04.1985 | F-Schwanheim | |
| N | △ | 02:04:47 | Wälzlein, Cathrin (1986) | TuS-LA | 28.10.2012 | Frankfurt | |
| | | 02:12:26 | Blatz, Regina (1961) | TuS-LA | 25.03.2012 | Eschollbrücken | |
| | | 02:13:11 | Peters-Karbstein, Marion (19 | TuS-LA | 25.03.2012 | Eschollbrücken | |

| N | △ | Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|-----------------------------|---|----------|---------------------------|---------|------------|-----------|-------------|
| 30 km | | | | | | | |
| VA | | 02:31:09 | Wälzlein, Cathrin (1986) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | 02:31:09 | Wälzlein, Cathrin (1986) | TuS-LA | 28.10.2012 | Frankfurt | |
| | △ | 02:42:16 | Schoormann, Vera (1965) | TuS-LA | 14.10.2012 | München | |
| | △ | 02:45:58 | Christmann, Sandra (1968) | TuS-LA | 06.10.2012 | Rodenbach | |
| Marathon (42,195 km) | | | | | | | |
| VA | | 02:47:24 | Schmidt, Miriam (1969) | TuS-Tri | 07.03.1999 | Napa/USA | |
| N | | 03:19:13 | Blatz, Regina (1961) | TuS-LA | 16.09.2012 | Pleinfeld | |
| N | | 03:40:15 | Wälzlein, Cathrin (1986) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | | 03:48:42 | Schoormann, Vera (1965) | TuS-LA | 14.10.2012 | München | |
| N | | 04:06:35 | Cyll, Susanne (1962) | TuS | 14.10.2012 | München | |
| 50 km | | | | | | | |
| VA | | 03:47:27 | Risch, Karin (1946) | TuS-LA | 10.03.1996 | Marburg | |
| | △ | 04:37:19 | Christmann, Sandra (1968) | TuS-LA | 06.10.2012 | Rodenbach | |
| 60 km | | | | | | | |
| VA | | 04:57:21 | Risch, Karin (1946) | TuS-LA | 16.04.1994 | Rodenbach | |
| | △ | 05:32:46 | Christmann, Sandra (1968) | TuS-LA | 06.10.2012 | Rodenbach | |
| 70 km | | | | | | | |
| VA | | 05:55:37 | Risch, Karin (1946) | TuS-LA | 16.04.1994 | Rodenbach | |
| | △ | 06:29:41 | Christmann, Sandra (1968) | TuS-LA | 06.10.2012 | Rodenbach | |
| 80 km | | | | | | | |
| VA | | 06:53:58 | Risch, Karin (1946) | TuS-LA | 16.04.1994 | Rodenbach | |
| | △ | 07:28:38 | Christmann, Sandra (1968) | TuS-LA | 06.10.2012 | Rodenbach | |
| 90 km | | | | | | | |
| VA | | 07:52:50 | Risch, Karin (1946) | TuS-LA | 16.04.1994 | Rodenbach | |
| | △ | 08:26:20 | Christmann, Sandra (1968) | TuS-LA | 06.10.2012 | Rodenbach | |
| 100 km | | | | | | | |
| VA | | 08:47:21 | Risch, Karin (1946) | TuS-LA | 16.04.1994 | Rodenbach | |
| N | | 09:24:13 | Christmann, Sandra (1968) | TuS-LA | 06.10.2012 | Rodenbach | |

männliche U10 (SD, M8/9)

50 m

| | | | | | |
|----|-------------|---------------------------|--------|------------|-----------|
| VA | 00:00:08,29 | Lichtweiss, Simeon (2003) | TuS-LA | 06.05.2012 | Egelsbach |
|----|-------------|---------------------------|--------|------------|-----------|

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|--|-------------|---------------------------|--------|------------|-----------|
| | 00:00:08,29 | Lichtweiss, Simeon (2003) | TuS-LA | 06.05.2012 | Egelsbach |
|--|-------------|---------------------------|--------|------------|-----------|

1.000 m

| | | | | | |
|----|------------|------------------------|--------|------------|-----------|
| VA | 00:04:26,3 | Steinmann, Noel (2003) | TuS-LA | 24.04.2012 | Darmstadt |
|----|------------|------------------------|--------|------------|-----------|

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|--|------------|------------------------|--------|------------|-----------|
| | 00:04:26,3 | Steinmann, Noel (2003) | TuS-LA | 24.04.2012 | Darmstadt |
|--|------------|------------------------|--------|------------|-----------|

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|--|------------|---------------------|--------|------------|-----------|
| | 00:05:14,6 | Haßa, Niklas (2004) | TuS-LA | 24.04.2012 | Darmstadt |
|--|------------|---------------------|--------|------------|-----------|

männliche U12 (SC, M10/11)

30 m (Halle)

| | | | | | |
|----|------------|---------------------|--------|------------|----------------|
| VA | 00:00:05,4 | Wurm, Daniel (2001) | TuS-LA | 22.01.2012 | Höchst i. Odw. |
| | 00:00:05,4 | Wurm, Daniel (2001) | TuS-LA | 22.01.2012 | Höchst i. Odw. |

50 m (Halle)

| | | | | | |
|----|-------------|---------------------|--------|------------|--------------------|
| VA | 00:00:07,98 | Wurm, Daniel (2001) | TuS-LA | 04.03.2012 | Frankfurt - Kalbac |
| | 00:00:07,98 | Wurm, Daniel (2001) | TuS-LA | 04.03.2012 | Frankfurt - Kalbac |

50 m

| | | | | | |
|----|-------------|------------------------------|--------|------------|-----------|
| VA | 00:00:07,98 | Wurm, Daniel (2001) | TuS-LA | 06.05.2012 | Egelsbach |
| | 00:00:07,98 | Wurm, Daniel (2001) | TuS-LA | 06.05.2012 | Egelsbach |
| | 00:00:08,22 | Seitner, Leander (2002) | TuS-LA | 06.05.2012 | Egelsbach |
| | 00:00:08,33 | Hartig, Marius (2002) | TuS-LA | 20.05.2012 | Darmstadt |
| | 00:00:09,14 | Kreuzberger, Benjamin (2002) | TuS-LA | 06.05.2012 | Egelsbach |

200 m (Halle)

| | | | | | |
|----|------------|---------------------|--------|------------|----------------|
| VA | 00:00:36,4 | Wurm, Daniel (2001) | TuS-LA | 22.01.2012 | Höchst i. Odw. |
| | 00:00:36,4 | Wurm, Daniel (2001) | TuS-LA | 22.01.2012 | Höchst i. Odw. |

800 m

| | | | | | |
|----|-------------|------------------------|--------|------------|-----------|
| VA | 00:02:49,20 | Bischof, Niklas (2001) | TuS-LA | 20.05.2012 | Darmstadt |
| | 00:02:49,20 | Bischof, Niklas (2001) | TuS-LA | 20.05.2012 | Darmstadt |
| | 00:02:56,94 | Zelinger, Jan (2001) | TuS-LA | 06.05.2012 | Egelsbach |

1.000 m

| | | | | | |
|----|------------|----------------------|--------|------------|-----------|
| VA | 00:03:53,2 | Zelinger, Jan (2001) | TuS-LA | 24.04.2012 | Darmstadt |
| | 00:03:53,2 | Zelinger, Jan (2001) | TuS-LA | 24.04.2012 | Darmstadt |

2.000 m

| | | | | | |
|----|------------|------------------------|--------|------------|-----------|
| VA | 00:08:02,9 | Bischof, Niklas (2001) | TuS-LA | 24.04.2012 | Darmstadt |
| | 00:08:02,9 | Bischof, Niklas (2001) | TuS-LA | 24.04.2012 | Darmstadt |

männliche U14 (SB, M12/13)

75 m

| | | | | | |
|----|-------------|------------------------|--------|------------|-----------|
| VA | 00:00:11,11 | Steinmann, Leon (2000) | TuS-LA | 06.05.2012 | Egelsbach |
|----|-------------|------------------------|--------|------------|-----------|

| | | | | | |
|--|-------------|------------------------|--------|------------|-----------|
| | 00:00:11,11 | Steinmann, Leon (2000) | TuS-LA | 06.05.2012 | Egelsbach |
|--|-------------|------------------------|--------|------------|-----------|

800 m

| | | | | | |
|----|-------------|------------------------|--------|------------|-----------|
| VA | 00:02:51,04 | Steinmann, Leon (2000) | TuS-LA | 06.05.2012 | Egelsbach |
|----|-------------|------------------------|--------|------------|-----------|

| | | | | | |
|--|-------------|------------------------|--------|------------|-----------|
| | 00:02:51,04 | Steinmann, Leon (2000) | TuS-LA | 06.05.2012 | Egelsbach |
|--|-------------|------------------------|--------|------------|-----------|

2.000 m

| | | | | | |
|----|------------|-------------------------|--------|------------|-----------|
| VA | 00:07:42,3 | Wehrstein, Lukas (2000) | TuS-LA | 24.04.2012 | Darmstadt |
|----|------------|-------------------------|--------|------------|-----------|

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|--|------------|-------------------------|--------|------------|-----------|
| | 00:07:42,3 | Wehrstein, Lukas (2000) | TuS-LA | 24.04.2012 | Darmstadt |
|--|------------|-------------------------|--------|------------|-----------|

| | | | | | |
|--|------------|------------------------|--------|------------|-----------|
| | 00:08:06,6 | Steinmann, Leon (2000) | TuS-LA | 24.04.2012 | Darmstadt |
|--|------------|------------------------|--------|------------|-----------|

männliche U16 (SA, M14/15)

3.000 m

| | | | | | |
|----|------------|----------------------------|--------|------------|-----------|
| VA | 00:12:25,7 | Wehrstein, Johannes (1998) | TuS-LA | 24.04.2012 | Darmstadt |
|----|------------|----------------------------|--------|------------|-----------|

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|--|------------|----------------------------|--------|------------|-----------|
| | 00:12:25,7 | Wehrstein, Johannes (1998) | TuS-LA | 24.04.2012 | Darmstadt |
|--|------------|----------------------------|--------|------------|-----------|

5 km

| | | | | | |
|----|----------|---------------------|--------|------------|-----------|
| VA | 00:17:25 | Koch, Torben (1997) | TuS-LA | 23.09.2012 | Griesheim |
|----|----------|---------------------|--------|------------|-----------|

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|---|----------|---------------------|--------|------------|-----------|
| N | 00:17:25 | Koch, Torben (1997) | TuS-LA | 23.09.2012 | Griesheim |
|---|----------|---------------------|--------|------------|-----------|

männliche U18 (MJB, M16/17)

800 m

| | | | | | |
|----|-------------|-------------------------|--------|------------|-----------|
| VA | 00:02:23,36 | Theil, Sebastian (1996) | TuS-LA | 19.05.2012 | Darmstadt |
| | 00:02:23,36 | Theil, Sebastian (1996) | TuS-LA | 19.05.2012 | Darmstadt |

5 km

| | | | | | |
|----|----------|-------------------------|--------|------------|-----------|
| VA | 00:17:11 | Koch, Olaf (1995) | TuS-LA | 31.12.2012 | Griesheim |
| | 00:17:11 | Koch, Olaf (1995) | TuS-LA | 31.12.2012 | Griesheim |
| N | 00:20:56 | Theil, Sebastian (1996) | TuS-LA | 23.09.2012 | Griesheim |

10 km

| | | | | | |
|----|----------|-------------------------|--------|------------|-----------|
| VA | 00:36:41 | Braun, Lucas (1996) | TuS-LA | 23.09.2012 | Griesheim |
| N | 00:36:41 | Braun, Lucas (1996) | TuS-LA | 23.09.2012 | Griesheim |
| N | 00:37:00 | Koch, Olaf (1995) | TuS-LA | 23.09.2012 | Griesheim |
| | 00:45:13 | Theil, Sebastian (1996) | TuS-LA | 31.12.2012 | Griesheim |

männliche U20 (MJA, M18/19)

400 m

| | | | | | |
|----|-------------|--------------------------|--------|------------|-----------|
| VA | 00:00:53,4 | Kling, Rainer (1966) | TuS-LA | 11.05.1985 | Darmstadt |
| | 00:00:54,14 | Hanson, Sebastian (1993) | TuS-LA | 19.05.2012 | Darmstadt |

800 m

| | | | | | |
|----|-------------|--------------------------|--------|------------|------------|
| VA | 00:02:02,33 | Hanson, Sebastian (1993) | TuS-LA | 01.08.2012 | Pfungstadt |
| | 00:02:02,33 | Hanson, Sebastian (1993) | TuS-LA | 01.08.2012 | Pfungstadt |

1.000 m

| | | | | | |
|----|-------------|--------------------------|--------|------------|-----------|
| VA | 00:02:38,28 | Hanson, Sebastian (1993) | TuS-LA | 12.05.2012 | Wiesbaden |
| | 00:02:38,28 | Hanson, Sebastian (1993) | TuS-LA | 12.05.2012 | Wiesbaden |

1.500 m

| | | | | | |
|----|-------------|--------------------------|--------|------------|------------|
| VA | 00:04:04,8 | Jansen, Uwe (1961) | TuS-LA | 05.06.1980 | Darmstadt |
| | 00:04:12,48 | Hanson, Sebastian (1993) | TuS-LA | 04.07.2012 | Pfungstadt |

3.000 m

| | | | | | |
|----|------------|--------------------------|--------|------------|-----------|
| VA | 00:09:32,9 | Faatz, Levent (1967) | TuS-LA | 26.04.1986 | Darmstadt |
| | 00:09:53,4 | Hanson, Sebastian (1993) | TuS-LA | 24.04.2012 | Darmstadt |

5 km

| | | | | | |
|--|------------|--------------------------|--------|------------|-----------|
| | 00:17:40,7 | Hanson, Sebastian (1993) | TuS-LA | 20.06.2012 | Darmstadt |
|--|------------|--------------------------|--------|------------|-----------|

10 km

| | | | | | |
|----|------------|--------------------------|--------|------------|------------|
| VA | 00:36:23,4 | Hanson, Sebastian (1993) | TuS-LA | 18.02.2012 | Groß-Gerau |
| | 00:36:23,4 | Hanson, Sebastian (1993) | TuS-LA | 18.02.2012 | Groß-Gerau |

Junioren (M20-22)

5 km

| | | | | | |
|---|------------|----------------------|-----|------------|-------------|
| ~ | 00:17:15,9 | Oeler, Jannik (1991) | TuS | 09.12.2012 | Weiterstadt |
|---|------------|----------------------|-----|------------|-------------|

10 km

| | | | | | |
|----|----------|--------------------------|---------|------------|-----------|
| VA | 00:30:20 | Dehmer, Sebastian (1982) | TuS-Tri | 31.12.2004 | Frankfurt |
|----|----------|--------------------------|---------|------------|-----------|

| | | | | | |
|--|----------|----------------------|-----|------------|-----------|
| | 00:35:25 | Oeler, Jannik (1991) | TuS | 31.12.2012 | Griesheim |
|--|----------|----------------------|-----|------------|-----------|

| | | | | | |
|--|-------------|----------------------|-----|------------|-----------|
| | 00:37:56,74 | Mohles, Felix (1990) | TuS | 09.04.2012 | Jügesheim |
|--|-------------|----------------------|-----|------------|-----------|

Halbmarathon (21,0975 km)

| | | | | | |
|----|------------|------------------------|---------|------------|-----------|
| VA | 01:14:42,8 | Schmoll, Daniel (1982) | TuS-Tri | 03.10.2003 | Griesheim |
|----|------------|------------------------|---------|------------|-----------|

| | | | | | |
|---|----------|----------------------|-----|------------|-----------|
| N | 01:25:21 | Mohles, Felix (1990) | TuS | 15.04.2012 | Griesheim |
|---|----------|----------------------|-----|------------|-----------|

Männer Hauptklasse (MHK)

3.000 m

| | | | | | |
|----|------------|--------------------------|--------|------------|-----------|
| VA | 00:08:25,4 | Siefert, Wolfgang (1951) | TuS-LA | 20.06.1975 | Frankfurt |
| | 00:11:50,7 | Öztürk, Aslan (1984) | TuS-LA | 24.04.2012 | Darmstadt |

5 km

| | | | | | |
|----|------------|---------------------------|--------|------------|-------------|
| VA | 00:19:35 | Hannewald, Michael (1987) | TuS-LA | 31.12.2012 | Griesheim |
| ~ | 00:15:59,2 | Kuttich, Björn (1986) | OLC | 20.06.2012 | Darmstadt |
| ~ | 00:17:15,9 | Oeler, Jannik (1991) | TuS | 09.12.2012 | Weiterstadt |
| | 00:19:35 | Hannewald, Michael (1987) | TuS-LA | 31.12.2012 | Griesheim |
| N | 00:20:25 | Öztürk, Aslan (1984) | TuS-LA | 23.09.2012 | Griesheim |

10 km

| | | | | | | |
|----|-------------|---------------------------|---------|------------|-----------|------------------------|
| VA | 00:29:23 | Lunnon, Robert (1951) | TuS-LA | 26.04.1980 | Troisdorf | |
| N | 00:32:52 | Schuster, Paul (1988) | TuS-Tri | 31.12.2012 | Frankfurt | |
| | 00:33:46 | Kuttich, Björn (1986) | OLC | 31.12.2012 | Griesheim | |
| | 00:35:25 | Oeler, Jannik (1991) | TuS | 31.12.2012 | Griesheim | |
| | 00:37:56,74 | Mohles, Felix (1990) | TuS | 09.04.2012 | Jügesheim | |
| | 00:41:07,10 | Hannewald, Michael (1987) | TuS-LA | 01.12.2012 | Jügesheim | |
| | 00:41:09 | Schütz, Kai (1983) | TuS | 31.12.2012 | Griesheim | |
| | 00:43:29 | Öztürk, Aslan (1984) | TuS-LA | 31.12.2012 | Griesheim | |
| | 00:46:12 | Pfeifer, Max (1984) | TuS-Tri | 31.12.2012 | Griesheim | *00:40:27 (11.12.2004) |
| ~ | 00:53:31 | Heberer, David (1983) | TuS | 18.08.2012 | Roßdorf | |

Halbmarathon (21,0975 km)

| | | | | | |
|----|----------|---------------------------|--------|------------|-----------|
| VA | 01:04:48 | Chrbolka, Vit (1966) | TuS-LA | 08.03.1992 | Frankfurt |
| N | 01:17:21 | Kuttich, Björn (1986) | OLC | 11.03.2012 | Frankfurt |
| N | 01:25:21 | Mohles, Felix (1990) | TuS | 15.04.2012 | Griesheim |
| N | 01:29:07 | Schütz, Kai (1983) | TuS | 15.04.2012 | Griesheim |
| N | 01:35:53 | Hannewald, Michael (1987) | TuS-LA | 14.10.2012 | Köln |

25 km

| | | | | | |
|-----|------------|---------------------------|--------|------------|-------|
| VA | 01:18:31,2 | Siefert, Wolfgang (1951) | TuS-LA | 02.05.1976 | Ameln |
| N △ | 02:14:58 | Hannewald, Michael (1987) | TuS-LA | 06.05.2012 | Mainz |

30 km

| | | | | | |
|----|------------|--------------------------|--------|------------|------------|
| VA | 00:01:36,2 | Siefert, Wolfgang (1951) | TuS-LA | 04.09.1976 | Ebikon/SUI |
| ~ | 01:54:06,5 | Kuttich, Björn (1986) | OLC | 18.03.2012 | Friedberg |

Marathon (42,195 km)

| | | | | | | |
|----|------------|--------------------------|--------|------------|------------|-----------------------|
| VA | 02:21:08,8 | Siefert, Wolfgang (1951) | TuS-LA | 13.03.1976 | Griesheim | |
| N | 04:04:53 | Schütz, Kai (1983) | TuS | 09.06.2012 | Moritzburg | Ironman (11:57:48,80) |

| N | △ | ~ | Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|---|---|---|----------|---------------------------|--------|------------|-------|-------------|
| N | | | 04:10:48 | Hannewald, Michael (1987) | TuS-LA | 06.05.2012 | Mainz | |

| N | △ | ~ | Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|----------------------------------|----|---|------------|------------------------------|---------|------------|---------------|----------------|
| M30 | | | | | | | | |
| 5 km | | | | | | | | |
| | VA | | 00:20:33 | Mohr, Marius (1980) | TuS-LA | 25.05.2012 | Wolfskehlen | |
| | | | 00:17:55 | Niefer, Jens (1982) | 347 | 25.05.2012 | Wolfskehlen | |
| | | ~ | 00:20:01,0 | Mohr, Marius (1980) | TuS-LA | 16.05.2012 | Griesheim | |
| | | | 00:20:33 | Mohr, Marius (1980) | TuS-LA | 25.05.2012 | Wolfskehlen | 347Runningteam |
| N | △ | | 00:21:38 | Dornhoff, Benjamin (1980) | TuS-LA | 28.10.2012 | Frankfurt | |
| | | ~ | 00:22:16,6 | Beltz, Marcel (1982) | 347 | 20.06.2012 | Darmstadt | |
| 10 km | | | | | | | | |
| | VA | | 00:30:50,6 | Sandner, Bernd (1955) | TuS-LA | 16.08.1986 | Seligenstadt | |
| | | | 00:37:40,0 | Dornhoff, Benjamin (1980) | TuS-LA | 18.02.2012 | Groß-Gerau | |
| | N | | 00:38:07 | Wilke, Thomas (1978) | TuS-Tri | 23.09.2012 | Griesheim | |
| | | ~ | 00:40:00,5 | Mohr, Marius (1980) | TuS-LA | 12.05.2012 | Ober-Ramstadt | |
| | | | 00:40:39 | Mohr, Marius (1980) | TuS-LA | 31.12.2012 | Griesheim | |
| | | | 00:45:15 | Duchmann, Henning (1980) | TuS | 25.05.2012 | Wolfskehlen | |
| | | | 00:46:51 | Lindenstruth, Bastian (1979) | TuS-Te | 31.12.2012 | Griesheim | |
| | | | 00:48:59 | Schad, Kevin (1980) | TuS | 25.05.2012 | Wolfskehlen | |
| | | | 00:49:15 | Ljungström, Fredrik (1978) | TuS | 31.12.2012 | Griesheim | |
| 15 km | | | | | | | | |
| | VA | | 00:47:12,5 | Mayer, Günter (1941) | TuS-LA | 15.03.1975 | Griesheim | |
| | N | △ | 01:04:53 | Dornhoff, Benjamin (1980) | TuS-LA | 28.10.2012 | Frankfurt | |
| 20 km | | | | | | | | |
| | VA | | 01:10:44 | Zöller, Philipp (1939) | TuS-LA | 20.01.1973 | Griesheim | |
| | N | △ | 01:26:23 | Dornhoff, Benjamin (1980) | TuS-LA | 28.10.2012 | Frankfurt | |
| Halbmarathon (21,0975 km) | | | | | | | | |
| | VA | | 01:08:14 | Graine, Abdelmounaim (196 | TuS-LA | 03.03.1996 | Frankfurt | |
| | N | △ | 01:31:11 | Dornhoff, Benjamin (1980) | TuS-LA | 28.10.2012 | Frankfurt | |
| | N | | 01:36:12 | Mohr, Marius (1980) | TuS-LA | 15.04.2012 | Griesheim | |
| | N | | 01:44:43,8 | Schad, Kevin (1980) | TuS | 16.09.2012 | Neu-Isenburg | |
| | N | | 01:47:44 | Lindenstruth, Bastian (1979) | TuS-Te | 15.04.2012 | Griesheim | |
| 25 km | | | | | | | | |
| | VA | | 01:21:40,7 | Sandner, Bernd (1955) | TuS-LA | 09.11.1986 | Biberach | |
| | N | △ | 01:48:23 | Dornhoff, Benjamin (1980) | TuS-LA | 28.10.2012 | Frankfurt | |
| | N | | 01:55:05 | Mohr, Marius (1980) | TuS-LA | 23.09.2012 | Griesheim | |
| 30 km | | | | | | | | |
| | VA | | 02:11:06 | Dornhoff, Benjamin (1980) | TuS-LA | 28.10.2012 | Frankfurt | |

| N | △ | ~ Leistung | Name, Vorname (Jahrgang) | Verein | Datum Ort | Anmerkungen |
|---|---|------------|---------------------------|--------|----------------------|-------------|
| N | △ | 02:11:06 | Dornhoff, Benjamin (1980) | TuS-LA | 28.10.2012 Frankfurt | |

Marathon (42,195 km)

| | | | | | | |
|----|--|----------|---------------------------|--------|----------------------|--|
| VA | | 02:28:43 | Marenholz, Helmut (1964) | TuS-LA | 01.09.1996 Fulda | |
| N | | 03:09:48 | Dornhoff, Benjamin (1980) | TuS-LA | 28.10.2012 Frankfurt | |
| N | | 03:50:59 | Mohr, Marius (1980) | TuS-LA | 06.05.2012 Mainz | |

| N | △ | ~ | Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|----------------------------------|----|---|-------------|------------------------------|---------|------------|-----------------|--------------------------|
| M35 | | | | | | | | |
| 5 km | | | | | | | | |
| | VA | | 00:18:22 | Vossel, Niels (1977) | TuS-Tri | 31.12.2012 | Griesheim | |
| | ~ | | 00:16:40 | Burkhardt, Dominik (1977) | TuS-LA | 15.12.2012 | Seligenstadt | |
| | | | 00:18:22 | Vossel, Niels (1977) | TuS-Tri | 31.12.2012 | Griesheim | |
| | ~ | | 00:18:47,7 | Witteborg (geb. Müller), Hei | TuS-LA | 20.06.2012 | Darmstadt | |
| | | | 00:19:31 | Witteborg (geb. Müller), Hei | TuS-LA | 31.12.2012 | Griesheim | |
| | | | 00:19:41 | Ovari, Attila (1976) | 347 | 25.05.2012 | Wolfskehlen | |
| | ~ | | 00:21:05 | Huth, Maurice (1975) | TuS-Tri | 15.12.2012 | Seligenstadt | |
| | N | △ | 00:25:09 | Monteiro, Helder (1975) | TuS-LA | 28.10.2012 | Frankfurt | |
| 10 km | | | | | | | | |
| | VA | | 00:31:54 | Dächert, Jürgen (1958) | TuS-LA | 28.03.1993 | Ingelheim | |
| | | | 00:33:32,2 | Burkhardt, Dominik (1977) | TuS-LA | 27.03.2012 | Niederrodenbach | |
| | | | 00:37:32,6 | Vossel, Niels (1977) | TuS-Tri | 18.02.2012 | Groß-Gerau | *00:39:20 (10.12.2005) |
| | | | 00:38:49 | Witteborg (geb. Müller), Hei | TuS-LA | 25.05.2012 | Wolfskehlen | |
| | ~ | | 00:42:40,8 | Rose, Alexander (1976) | 347 | 04.08.2012 | Gernsheim | |
| | N | | 00:43:27 | Huth, Maurice (1975) | TuS-Tri | 23.09.2012 | Griesheim | *00:34:51,9 (01.09.2001) |
| | N | | 00:43:32 | Becker, Sebastian (1975) | TuS | 23.09.2012 | Griesheim | |
| | ~ | | 00:43:54,9 | Monteiro, Helder (1975) | TuS-LA | 13.10.2012 | Rüsselsheim | |
| | N | △ | 00:50:13 | Monteiro, Helder (1975) | TuS-LA | 28.10.2012 | Frankfurt | |
| 15 km | | | | | | | | |
| | VA | | 00:49:02 | Moog, Karl-Heinz (1941) | TuS-LA | 25.10.1980 | Bacharach | |
| | ~ | | 00:57:54 | Vossel, Niels (1977) | TuS-Tri | 21.04.2012 | Mz-Laubenheim | |
| | ~ | | 01:09:07,6 | Monteiro, Helder (1975) | TuS-LA | 17.11.2012 | Rüsselsheim | |
| | N | △ | 01:15:16 | Monteiro, Helder (1975) | TuS-LA | 28.10.2012 | Frankfurt | |
| 20 km | | | | | | | | |
| | VA | | 01:18:25 | Krügler, Uwe (1937) | TuS-LA | 20.01.1973 | Griesheim | |
| | N | △ | 01:40:13 | Monteiro, Helder (1975) | TuS-LA | 28.10.2012 | Frankfurt | |
| Halbmarathon (21,0975 km) | | | | | | | | |
| | VA | | 01:11:56 | Dächert, Jürgen (1958) | TuS-LA | 25.09.1994 | Niederrodenbach | |
| | | | 01:29:01,80 | Vossel, Niels (1977) | TuS-Tri | 14.10.2012 | Offenbach | |
| | N | △ | 01:45:46 | Monteiro, Helder (1975) | TuS-LA | 28.10.2012 | Frankfurt | |
| 25 km | | | | | | | | |
| | VA | | 01:25:01 | Zöller, Philipp (1939) | TuS-LA | 08.06.1974 | Griesheim | |
| | N | | 01:42:41 | Vossel, Niels (1977) | TuS-Tri | 23.09.2012 | Griesheim | |
| | N | △ | 02:05:29 | Monteiro, Helder (1975) | TuS-LA | 28.10.2012 | Frankfurt | |

| N | △ | ~ Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|-----------------------------|---|-------------|--------------------------|---------|------------|-------------|-------------|
| 30 km | | | | | | | |
| VA | | 02:13:05 | Zöller, Thomas (1964) | TuS-LA | 16.03.2003 | Friedberg | |
| N | △ | 02:30:57 | Monteiro, Helder (1975) | TuS-LA | 28.10.2012 | Frankfurt | |
| Marathon (42,195 km) | | | | | | | |
| VA | | 02:32:16 | Barion, Jörg (1957) | TuS-LA | 23.10.1994 | Frankfurt | |
| N | | 03:20:18,67 | Vossel, Niels (1977) | TuS-Tri | 01.12.2012 | Bad Arolsen | |
| N | | 03:31:57 | Monteiro, Helder (1975) | TuS-LA | 28.10.2012 | Frankfurt | |

| N | △ | ~ | Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|----------------------------------|---|---|-------------|---------------------------|---------|------------|------------------|---------------------------|
| M40 | | | | | | | | |
| 3.000 m | | | | | | | | |
| VA | | | 00:09:04,6 | Mayer, Günter (1941) | TuS-LA | 03.07.1984 | Darmstadt | |
| | | | 00:09:38,75 | Obst, Michael (1970) | TuS-LA | 05.09.2012 | Pfungstadt | *00:09:25,37 (07.06.2006) |
| 5.000 m (Bahn) | | | | | | | | |
| VA | | | 00:15:40,6 | Moog, Karl-Heinz (1941) | TuS-LA | 29.08.1981 | Wiesbaden | |
| | | | 00:16:35,44 | Obst, Michael (1970) | TuS-LA | 01.08.2012 | Pfungstadt | *00:16:18,41 (07.09.2005) |
| 5 km | | | | | | | | |
| VA | | | 00:16:41,0 | Obst, Michael (1970) | TuS-LA | 22.09.2012 | Hanau-Rodenbac | |
| | ~ | | 00:16:27,1 | Obst, Michael (1970) | TuS-LA | 20.06.2012 | Darmstadt | |
| | | | 00:16:41,0 | Obst, Michael (1970) | TuS-LA | 22.09.2012 | Hanau-Rodenbach | |
| | ~ | | 00:17:38,2 | Sieverding, Sascha (1970) | TuS-Tri | 12.05.2012 | Ober-Ramstadt | |
| | ~ | | 00:18:50,8 | Franzke, Martin (1969) | TuS-LA | 20.06.2012 | Darmstadt | |
| | ~ | | 00:20:50,4 | Hammann, Jörg (1969) | TuS | 31.08.2012 | Groß-Umstadt / S | |
| N | △ | | 00:24:37 | Di Nisio, Nicola (1972) | TuS-LA | 28.10.2012 | Frankfurt | |
| 10 km | | | | | | | | |
| VA | | | 00:31:39 | Mayer, Günter (1941) | TuS-LA | 03.12.1983 | Jügesheim | |
| | ~ | | 00:33:25 | Obst, Michael (1970) | TuS-LA | 15.09.2012 | Darmstadt | *00:32:58 (07.01.2006) |
| | | | 00:33:45,5 | Obst, Michael (1970) | TuS-LA | 27.03.2012 | Niederrodenbach | *00:32:58 (07.01.2006) |
| | ~ | | 00:36:02 | Sieverding, Sascha (1970) | TuS-Tri | 15.09.2012 | Darmstadt | *00:37:11,2 (19.03.2005) |
| | | | 00:37:38 | Sieverding, Sascha (1970) | TuS-Tri | 31.12.2012 | Griesheim | *00:37:11,2 (19.03.2005) |
| | ~ | | 00:38:39 | Franzke, Martin (1969) | TuS-LA | 15.09.2012 | Darmstadt | |
| N | | | 00:42:53 | Di Nisio, Nicola (1972) | TuS-LA | 15.04.2012 | Griesheim | |
| | | | 00:43:04 | Hammann, Jörg (1969) | TuS | 31.12.2012 | Griesheim | |
| | ~ | | 00:43:46,2 | Reiss, Alexander (1969) | TuS | 31.08.2012 | Groß-Umstadt / S | |
| 15 km | | | | | | | | |
| VA | | | 00:48:10 | Mayer, Günter (1941) | TuS-LA | 22.10.1983 | Bacharach | |
| N | | | 01:08:44 | Di Nisio, Nicola (1972) | TuS-LA | 23.09.2012 | Griesheim | |
| 20 km | | | | | | | | |
| VA | | | 01:14:53 | Wührer, Kurt (1930) | TuS-LA | 15.09.1974 | Osnabrück-Gretes | |
| N | △ | | 01:35:32 | Di Nisio, Nicola (1972) | TuS-LA | 28.10.2012 | Frankfurt | |
| Halbmarathon (21,0975 km) | | | | | | | | |
| VA | | | 01:09:20 | Mayer, Günter (1941) | TuS-LA | 08.01.1984 | Mörfelden | |
| N | | | 01:14:30 | Obst, Michael (1970) | TuS-LA | 11.03.2012 | Frankfurt | *01:13:51 (17.04.2005) |
| | ~ | | 01:25:55,10 | Sieverding, Sascha (1970) | TuS-Tri | 03.10.2012 | Traisa | |
| N | | | 01:29:34 | Reiss, Alexander (1969) | TuS | 15.04.2012 | Griesheim | |

| N | △ | Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|-----------------------------|---|-------------|--------------------------|--------|------------|-----------|-------------|
| N | △ | 01:40:57 | Di Nisio, Nicola (1972) | TuS-LA | 28.10.2012 | Frankfurt | |
| 25 km | | | | | | | |
| VA | | 01:23:25 | Mayer, Günter (1941) | TuS-LA | 16.11.1983 | Griesheim | |
| N | | 01:46:15 | Reiss, Alexander (1969) | TuS | 23.09.2012 | Griesheim | |
| N | △ | 01:59:25 | Di Nisio, Nicola (1972) | TuS-LA | 28.10.2012 | Frankfurt | |
| 30 km | | | | | | | |
| VA | | 02:08:03,34 | Starck, Rainer (1960) | TuS-LA | 18.03.2001 | Friedberg | |
| N | △ | 02:23:25 | Di Nisio, Nicola (1972) | TuS-LA | 28.10.2012 | Frankfurt | |
| Marathon (42,195 km) | | | | | | | |
| VA | | 02:31:51 | Moog, Karl-Heinz (1941) | TuS-LA | 06.10.1984 | Rodenbach | |
| N | | 03:23:29 | Di Nisio, Nicola (1972) | TuS-LA | 28.10.2012 | Frankfurt | |
| | | 03:59:03 | Höfer, Mike (1972) | TuS-LA | 26.02.2012 | Barchfeld | |

| N | △ | ~ | Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|--------------|----|---|-------------|------------------------------|---------|------------|------------------|--------------------------|
| M45 | | | | | | | | |
| 5 km | | | | | | | | |
| | VA | | 00:20:38 | Ölmez, Halil (1965) | TuS-LA | 28.10.2012 | Frankfurt | |
| | | ~ | 00:19:40,0 | Ölmez, Halil (1965) | TuS-LA | 16.05.2012 | Griesheim | |
| | N | △ | 00:20:38 | Ölmez, Halil (1965) | TuS-LA | 28.10.2012 | Frankfurt | |
| | N | △ | 00:20:44 | Fengler, Matthias (1966) | TuS-LA | 28.10.2012 | Frankfurt | |
| | | ~ | 00:20:52,4 | Stjepovic, Peter (1967) | TuS-LA | 14.01.2012 | Rüsselsheim | |
| | N | | 00:21:04 | Lindig, Lutz (1967) | TuS-Tri | 23.09.2012 | Griesheim | |
| | | | 00:21:22 | Stjepovic, Peter (1967) | TuS-LA | 25.05.2012 | Wolfskehlen | |
| | N | △ | 00:21:58 | Schmidt-Schoormann, Karste | TuS-LA | 28.10.2012 | Frankfurt | |
| | | ~ | 00:22:05,9 | Schummer, Ingo (1964) | TuS-Tri | 20.06.2012 | Darmstadt | |
| | N | △ | 00:24:49 | Fabian, Ralf (1965) | TuS-Tri | 28.10.2012 | Frankfurt | |
| | | ~ | 00:30:54,3 | Löhr, Ulrich (1964) | TuS-LA | 17.11.2012 | Rüsselsheim | |
| 10 km | | | | | | | | |
| | VA | | 00:31:40,85 | Mielke, Günter (1942) | TuS-LA | 28.04.1990 | Kempen/Krefeld | |
| | | △ | 00:38:19,30 | Schulteis, Peter (1965) | TuS-Tri | 23.09.2012 | Bensheim | *00:35:49 (29.05.1998) |
| | | ~ | 00:38:49 | Fengler, Matthias (1966) | TuS-LA | 15.09.2012 | Darmstadt | |
| | N | | 00:39:15 | Ölmez, Halil (1965) | TuS-LA | 23.09.2012 | Griesheim | |
| | | | 00:39:46 | Schmidt-Schoormann, Karste | TuS-LA | 12.05.2012 | Attendorn | |
| | | △ | 00:40:02,40 | Gölzenleuchter, Gunnar (196) | TuS-Tri | 23.09.2012 | Bensheim | *00:34:30,2 (19.06.1998) |
| | | | 00:40:11,75 | Geisenhof, Gerd (1963) | TuS-Tri | 03.11.2012 | Jügesheim | *00:36:41,4 (05.02.2005) |
| | | | 00:40:52 | Fengler, Matthias (1966) | TuS-LA | 31.12.2012 | Griesheim | |
| | N | | 00:41:17,15 | Fabian, Ralf (1965) | TuS-Tri | 23.09.2012 | Bensheim | |
| | | ~ | 00:41:32,5 | Roth, Klaus (1963) | TuS-LA | 04.08.2012 | Gernsheim | |
| | | △ | 00:41:35,60 | Roth, Klaus (1963) | TuS-LA | 23.09.2012 | Bensheim | |
| | | | 00:42:57,0 | Zöllner, Thomas (1964) | TuS-LA | 18.02.2012 | Groß-Gerau | *00:37:29 (13.05.2005) |
| | N | ~ | 00:43:11 | Stjepovic, Peter (1967) | TuS-LA | 03.06.2012 | Frankfurt | |
| | | | 00:44:22,7 | Stjepovic, Peter (1967) | TuS-LA | 18.02.2012 | Groß-Gerau | |
| | N | | 00:46:06 | Borger, Peter (1967) | TuS | 23.09.2012 | Griesheim | |
| | | △ | 00:46:59 | Lindig, Lutz (1967) | TuS-Tri | 02.09.2012 | Darmstadt | *00:38:35 (04.02.1995) |
| | | | 00:50:02 | Stork, Volker (1967) | TuS-Tri | 31.12.2012 | Griesheim | *00:40:59 (21.02.2004) |
| | | ~ | 00:52:58,0 | Reichart, Gerald (1964) | TuS-Tri | 31.08.2012 | Groß-Umstadt / S | *00:37:16 (29.05.1998) |
| | | ~ | 00:58:57,0 | Löhr, Ulrich (1964) | TuS-LA | 16.05.2012 | Griesheim | |
| | | | 01:07:26 | Löhr, Ulrich (1964) | TuS-LA | 31.12.2012 | Griesheim | |
| 15 km | | | | | | | | |
| | VA | | 00:51:15 | Mayer, Günter (1941) | TuS-LA | 09.08.1986 | Griesheim | |
| | N | △ | 01:01:47 | Ölmez, Halil (1965) | TuS-LA | 28.10.2012 | Frankfurt | |

| N | △ | ~ | Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|---|---|---|------------|----------------------------|---------|------------|-------------|-------------|
| N | △ | | 01:02:28 | Fengler, Matthias (1966) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | | 01:05:52 | Schmidt-Schoormann, Karste | TuS-LA | 28.10.2012 | Frankfurt | |
| | | ~ | 01:06:51,8 | Stjepovic, Peter (1967) | TuS-LA | 17.11.2012 | Rüsselsheim | |
| N | △ | | 01:13:52 | Fabian, Ralf (1965) | TuS-Tri | 28.10.2012 | Frankfurt | |
| N | △ | | 01:15:16 | Stjepovic, Peter (1967) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | | | 01:30:50 | Löhr, Ulrich (1964) | TuS-LA | 23.09.2012 | Griesheim | |

20 km

| | | | | | | | | |
|----|---|---|------------|----------------------------|---------|------------|-----------|--|
| VA | | | 01:22:07 | Bayer, Peter (1935) | TuS-LA | 30.04.1981 | Gillrath | |
| N | △ | | 01:22:25 | Ölmez, Halil (1965) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | | 01:23:34 | Fengler, Matthias (1966) | TuS-LA | 28.10.2012 | Frankfurt | |
| | | ~ | 01:25:42,4 | Schmidt-Schoormann, Karste | TuS-LA | 10.06.2012 | Alsbach | |
| N | △ | | 01:28:18 | Schmidt-Schoormann, Karste | TuS-LA | 28.10.2012 | Frankfurt | |
| | | ~ | 01:30:56,3 | Roth, Klaus (1963) | TuS-LA | 10.06.2012 | Alsbach | |
| N | △ | | 01:37:04 | Fabian, Ralf (1965) | TuS-Tri | 28.10.2012 | Frankfurt | |
| N | △ | | 01:40:13 | Stjepovic, Peter (1967) | TuS-LA | 28.10.2012 | Frankfurt | |

Halbmarathon (21,0975 km)

| | | | | | | | | |
|----|---|---|-------------|-------------------------------|---------|------------|------------|--------------------------|
| VA | | | 01:12:08,0 | Mayer, Günter (1941) | TuS-LA | 21.09.1986 | Pfungstadt | |
| N | | | 01:21:37,00 | Schulteis, Peter (1965) | TuS-Tri | 23.09.2012 | Bensheim | *01:17:30 (03.10.1998) |
| N | | | 01:25:12 | Ölmez, Halil (1965) | TuS-LA | 14.10.2012 | Köln | |
| | | ~ | 01:26:57,50 | Gölzenleuchter, Gunnar (1965) | TuS-Tri | 03.10.2012 | Traisa | *01:17:33,8 (03.10.2000) |
| N | | | 01:27:28,35 | Gölzenleuchter, Gunnar (1965) | TuS-Tri | 23.09.2012 | Bensheim | *01:17:33,8 (03.10.2000) |
| N | △ | | 01:28:10 | Fengler, Matthias (1966) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | | | 01:30:36,45 | Roth, Klaus (1963) | TuS-LA | 23.09.2012 | Bensheim | |
| N | △ | | 01:33:17 | Schmidt-Schoormann, Karste | TuS-LA | 28.10.2012 | Frankfurt | |
| | | ~ | 01:37:17,30 | Geisenhof, Gerd (1963) | TuS-Tri | 17.06.2012 | Wersau | *01:23:48 (02.03.1997) |
| N | | | 01:39:53 | Lindig, Lutz (1967) | TuS-Tri | 02.09.2012 | Darmstadt | *01:25:48 (05.03.1995) |
| N | △ | | 01:42:17 | Fabian, Ralf (1965) | TuS-Tri | 28.10.2012 | Frankfurt | |
| N | △ | | 01:45:46 | Stjepovic, Peter (1967) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | | | 01:50:51 | Geisenhof, Gerd (1963) | TuS-Tri | 28.04.2012 | Ingolstadt | *01:23:48 (02.03.1997) |
| N | | | 01:54:47 | Hoppe, Rainer (1964) | SVS | 15.04.2012 | Griesheim | |

25 km

| | | | | | | | | |
|----|---|--|----------|----------------------------|---------|------------|-----------------|--|
| VA | | | 01:25:18 | Mayer, Günter (1941) | TuS-LA | 27.04.1986 | Herten-Bertlich | |
| N | △ | | 01:43:24 | Ölmez, Halil (1965) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | | 01:44:44 | Fengler, Matthias (1966) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | | 01:51:02 | Schmidt-Schoormann, Karste | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | | 02:00:19 | Fabian, Ralf (1965) | TuS-Tri | 28.10.2012 | Frankfurt | |
| N | △ | | 02:05:29 | Stjepovic, Peter (1967) | TuS-LA | 28.10.2012 | Frankfurt | |

| N | △ | Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|-----------------------------|---|-------------|----------------------------|---------|------------|-------------|--|
| 30 km | | | | | | | |
| VA | | 02:02:47 | Wührer, Kurt (1930) | TuS-LA | 11.03.1978 | Achern | |
| N | △ | 02:04:50 | Ölmez, Halil (1965) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | 02:06:42 | Fengler, Matthias (1966) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | 02:14:02 | Schmidt-Schoormann, Karste | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | 02:23:28 | Fabian, Ralf (1965) | TuS-Tri | 28.10.2012 | Frankfurt | |
| N | △ | 02:31:08 | Stjepovic, Peter (1967) | TuS-LA | 28.10.2012 | Frankfurt | |
| Marathon (42,195 km) | | | | | | | |
| VA | | 02:39:47 | Mielke, Günter (1942) | TuS-LA | 20.05.1990 | Hamburg | |
| N | | 02:57:49 | Ölmez, Halil (1965) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | | 03:00:17 | Fengler, Matthias (1966) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | | 03:15:13 | Schmidt-Schoormann, Karste | TuS-LA | 28.10.2012 | Frankfurt | |
| N | | 03:19:58 | Schulteis, Peter (1965) | TuS-Tri | 17.06.2012 | Regensburg | *02:46:04 (26.10.1997) Ironman (09:17:07) |
| N | | 03:23:16,20 | Geisenhof, Gerd (1963) | TuS-Tri | 01.12.2012 | Bad Arolsen | *03:13:24 (29.10.1995) |
| N | | 03:24:46 | Fabian, Ralf (1965) | TuS-Tri | 28.10.2012 | Frankfurt | |
| N | | 03:39:46 | Stjepovic, Peter (1967) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | | 04:02:46 | Borger, Peter (1967) | TuS | 02.09.2012 | Darmstadt | |

| N | △ | ~ | Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|----------------------------------|----|---|-------------|----------------------------|--------|------------|--------------|--------------------------|
| M50 | | | | | | | | |
| 5 km | | | | | | | | |
| | VA | | 00:19:57 | Krichbaum, Peter (1960) | TuS-LA | 25.05.2012 | Wolfskehlen | |
| | | | 00:19:57 | Krichbaum, Peter (1960) | TuS-LA | 25.05.2012 | Wolfskehlen | |
| | | ~ | 00:20:49,0 | Fischer, Georg (1961) | TuS-LA | 16.05.2012 | Griesheim | |
| | | ~ | 00:20:53,8 | Iffland, Heinz-Otto (1959) | TuS-LA | 20.06.2012 | Darmstadt | |
| | | ~ | 00:25:36,8 | Brand, Lothar (1958) | TuS | 20.06.2012 | Darmstadt | |
| 10 km | | | | | | | | |
| | VA | | 00:32:43 | Mielke, Günter (1942) | TuS-LA | 20.03.1993 | Dresden | |
| | | | 00:42:25 | Krichbaum, Peter (1960) | TuS-LA | 31.12.2012 | Griesheim | |
| | N | | 00:42:30 | Iffland, Heinz-Otto (1959) | TuS-LA | 23.09.2012 | Griesheim | |
| | | ~ | 00:43:50 | Kaster, Gerhard (1958) | TuS-LA | 31.12.2012 | Petershagen | *00:40:38 (19.05.1986) |
| | | ~ | 00:44:46,3 | Röth, Andreas (1961) | TuS-LA | 14.01.2012 | Rüsselsheim | *00:35:56,2 (01.02.1992) |
| | | ~ | 00:45:30 | Fischer, Georg (1961) | TuS-LA | 08.12.2012 | Reinheim | |
| | | | 00:46:31 | Röth, Andreas (1961) | TuS-LA | 31.12.2012 | Griesheim | *00:35:56,2 (01.02.1992) |
| | △ | | 00:48:01 | Seip, Oliver H. (1962) | TuS-LA | 02.09.2012 | Darmstadt | |
| | | | 00:49:49,86 | Jokisch, Rainer (1959) | TuS-LA | 07.01.2012 | Jügesheim | *00:42:30 (19.09.2004) |
| | | | 00:53:34 | Astheimer, Norbert (1960) | TuS-LA | 31.12.2012 | Griesheim | |
| 15 km | | | | | | | | |
| | VA | | 00:55:44,2 | Wührer, Kurt (1930) | TuS-LA | 08.08.1981 | Griesheim | |
| | N | △ | 01:05:45 | Krichbaum, Peter (1960) | TuS-LA | 28.10.2012 | Frankfurt | |
| | N | | 01:08:25 | Seip, Oliver H. (1962) | TuS-LA | 23.09.2012 | Griesheim | |
| | | | 01:11:32,00 | Fischer, Georg (1961) | TuS-LA | 27.10.2012 | Dörnberg | |
| 20 km | | | | | | | | |
| | VA | | 01:18:50 | Weißgerber, Erik (1926) | TuS-LA | 05.06.1977 | Helsinki/FIN | |
| | N | △ | 01:28:05 | Krichbaum, Peter (1960) | TuS-LA | 28.10.2012 | Frankfurt | |
| | N | | 01:30:15 | Fischer, Georg (1961) | TuS-LA | 23.09.2012 | Griesheim | |
| Halbmarathon (21,0975 km) | | | | | | | | |
| | VA | | 01:11:04 | Mielke, Günter (1942) | TuS-LA | 06.04.1996 | Paderborn | |
| | N | | 01:30:15 | Krichbaum, Peter (1960) | TuS-LA | 02.09.2012 | Darmstadt | |
| | N | | 01:37:37 | Fischer, Georg (1961) | TuS-LA | 14.10.2012 | Köln | |
| | N | | 01:42:27 | Seip, Oliver H. (1962) | TuS-LA | 02.09.2012 | Darmstadt | |
| | N | | 01:45:04 | Jokisch, Rainer (1959) | TuS-LA | 02.09.2012 | Darmstadt | *01:34:11,4 (18.09.2005) |
| | | ~ | 02:06:59,20 | Brand, Lothar (1958) | TuS | 03.10.2012 | Traisa | |
| 25 km | | | | | | | | |
| | VA | | 01:31:02 | Metzger, Karl (1929) | TuS-LA | 03.05.1980 | Hamburg | |

| N | △ | ~ Leistung | Name, Vorname (Jahrgang) | Verein | Datum Ort | Anmerkungen |
|-----------------------------|---|--------------|--------------------------|---------|---------------------------|--------------------|
| N | | 01:49:33 | Krichbaum, Peter (1960) | TuS-LA | 23.09.2012 Griesheim | |
| 30 km | | | | | | |
| VA | | 01:48:11 | Mielke, Günter (1942) | TuS-LA | 31.03.1994 xxxxxxxx/Japan | |
| N | △ | 02:14:52 | Krichbaum, Peter (1960) | TuS-LA | 28.10.2012 Frankfurt | |
| | | ~ 02:31:45,2 | Röth, Andreas (1961) | TuS-LA | 18.03.2012 Friedberg | |
| Marathon (42,195 km) | | | | | | |
| VA | | 02:32:45 | Mielke, Günter (1942) | TuS-LA | 29.10.1995 Frankfurt | |
| N | | 03:22:56 | Krichbaum, Peter (1960) | TuS-LA | 28.10.2012 Frankfurt | |
| N | | 05:16:51 | Hunte, Marco (1962) | TuS-Tri | 20.05.2012 Lanzarote | Ironman (12:42:35) |

| N | △ | ~ | Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|----------------------------------|----|---|-------------|--------------------------|--------|------------|------------------|--------------------------|
| M55 | | | | | | | | |
| 5 km | | | | | | | | |
| | VA | | 00:25:00 | Renger, Thomas (1954) | TuS-LA | 30.09.2012 | Berlin | |
| | △ | | 00:25:00 | Renger, Thomas (1954) | TuS-LA | 30.09.2012 | Berlin | |
| 10 km | | | | | | | | |
| | VA | | 00:32:29 | Mielke, Günter (1942) | TuS-LA | 29.06.1997 | Frankfurt | |
| | △ | | 00:44:49 | Pfeifer, Reinhold (1954) | TuS-LA | 02.09.2012 | Darmstadt | *00:39:16,1 (09.06.1995) |
| | | | 00:48:22,60 | Wardel, Bernd (1957) | TuS-LA | 04.02.2012 | Jügesheim | |
| | △ | | 00:50:11 | Renger, Thomas (1954) | TuS-LA | 30.09.2012 | Berlin | |
| | N | | 00:59:13 | Banfi, Stefano (1956) | SVS | 15.04.2012 | Griesheim | |
| 15 km | | | | | | | | |
| | VA | | 00:57:34 | Weißgerber, Erik (1926) | TuS-LA | 24.10.1981 | Bacharach | |
| | | ~ | 01:09:38,2 | Renger, Thomas (1954) | TuS-LA | 17.11.2012 | Rüsselsheim | |
| | △ | | 01:15:11 | Renger, Thomas (1954) | TuS-LA | 30.09.2012 | Berlin | |
| 20 km | | | | | | | | |
| | VA | | 01:40:33 | Renger, Thomas (1954) | TuS-LA | 30.09.2012 | Berlin | |
| | △ | | 01:40:33 | Renger, Thomas (1954) | TuS-LA | 30.09.2012 | Berlin | |
| Halbmarathon (21,0975 km) | | | | | | | | |
| | VA | | 01:11:54 | Mielke, Günter (1942) | TuS-LA | 22.03.1997 | Neustadt/Holstei | |
| | N | | 01:37:35 | Pfeifer, Reinhold (1954) | TuS-LA | 02.09.2012 | Darmstadt | *01:29:30,2 (27.08.2000) |
| | △ | | 01:46:03 | Renger, Thomas (1954) | TuS-LA | 30.09.2012 | Berlin | |
| 25 km | | | | | | | | |
| | VA | | 01:37:08 | Metzger, Karl (1929) | TuS-LA | 21.11.1984 | Griesheim | |
| | △ | | 02:06:12 | Renger, Thomas (1954) | TuS-LA | 30.09.2012 | Berlin | |
| 30 km | | | | | | | | |
| | VA | | 02:32:45 | Renger, Thomas (1954) | TuS-LA | 30.09.2012 | Berlin | |
| | △ | | 02:32:45 | Renger, Thomas (1954) | TuS-LA | 30.09.2012 | Berlin | |
| Marathon (42,195 km) | | | | | | | | |
| | VA | | 02:33:17 | Mielke, Günter (1942) | TuS-LA | 04.05.1997 | Regensburg | |
| | N | | 03:38:00 | Renger, Thomas (1954) | TuS-LA | 30.09.2012 | Berlin | |

| N | △ | ~ | Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|----------------------------------|----|---|-------------|-------------------------------|--------|------------|----------------|--------------------------|
| M60 | | | | | | | | |
| 5 km | | | | | | | | |
| | VA | | 00:21:34 | Seipel, Axel (1949) | TuS-LA | 25.05.2012 | Wolfskehlen | |
| | | ~ | 00:20:19,6 | Seipel, Axel (1949) | TuS-LA | 20.06.2012 | Darmstadt | |
| | | | 00:21:34 | Seipel, Axel (1949) | TuS-LA | 25.05.2012 | Wolfskehlen | 347Runningteam |
| | | ~ | 00:23:20,9 | Heß, Wolfgang (1950) | TuS-LA | 20.06.2012 | Darmstadt | |
| | | ~ | 00:26:44,3 | Kraft, Peter (1948) | TuS-LA | 09.12.2012 | Weiterstadt | |
| | △ | | 00:34:40 | Walter, Dr. Rudolf (1949) | TuS-LA | 18.03.2012 | Rom | |
| 10 km | | | | | | | | |
| | VA | | 00:35:29 | Mielke, Günter (1942) | TuS-LA | 07.09.2002 | Salzgitter | |
| | | | 00:42:19 | Seipel, Axel (1949) | TuS-LA | 22.04.2012 | Rödermark | *00:36:05,4 (11.02.1989) |
| | | ~ | 00:42:32,1 | Ziegler, Dr. Rudolf (1951) | TuS-LA | 12.05.2012 | Ober-Ramstadt | *00:39:36,6 (13.02.1999) |
| | | | 00:42:55,40 | Hofmann, Klaus (1949) | TuS-LA | 07.01.2012 | Jügesheim | |
| | | ~ | 00:44:59,1 | Blatz, Hermann (1952) | TuS-LA | 12.05.2012 | Ober-Ramstadt | |
| | | | 00:46:14,1 | Ziegler, Dr. Rudolf (1951) | TuS-LA | 07.07.2012 | Dieburg | *00:39:36,6 (13.02.1999) |
| | | | 00:46:18,7 | Blatz, Hermann (1952) | TuS-LA | 18.02.2012 | Groß-Gerau | |
| | △ | | 00:51:36 | Glöckner-Paulus, Gottfried (1 | TuS-LA | 02.09.2012 | Darmstadt | *00:40:36,9 (01.09.2001) |
| | | | 00:52:43 | Heß, Wolfgang (1950) | TuS-LA | 31.12.2012 | Griesheim | *00:39:57,2 (19.06.1998) |
| | | | 00:55:30 | Kraft, Peter (1948) | TuS-LA | 31.12.2012 | Griesheim | *00:38:59 (04.05.1985) |
| | △ | | 01:02:18 | Walter, Dr. Rudolf (1949) | TuS-LA | 18.03.2012 | Rom | *00:43:39 (16.10.2005) |
| 15 km | | | | | | | | |
| | VA | | 01:01:33,3 | Weißgerber, Erik (1926) | TuS-LA | 25.10.1986 | Bacharach | |
| | △ | | 01:30:08 | Walter, Dr. Rudolf (1949) | TuS-LA | 18.03.2012 | Rom | |
| Halbmarathon (21,0975 km) | | | | | | | | |
| | VA | | 01:17:34 | Mielke, Günter (1942) | TuS-LA | 03.10.2002 | Griesheim | |
| | | ~ | 01:44:23,2 | Blatz, Hermann (1952) | TuS-LA | 02.09.2012 | Mühlheim a. M. | |
| | | | 01:47:48 | Blatz, Hermann (1952) | TuS-LA | 19.05.2012 | Offenbach | |
| | N | | 01:48:36 | Glöckner-Paulus, Gottfried (1 | TuS-LA | 02.09.2012 | Darmstadt | *01:28:45,1 (03.10.2001) |
| | N | | 01:54:56 | Heß, Wolfgang (1950) | TuS-LA | 06.05.2012 | Mainz | *01:29:29 (23.03.2002) |
| | △ | | 02:04:00 | Walter, Dr. Rudolf (1949) | TuS-LA | 18.03.2012 | Rom | *01:38:24 (18.09.2005) |
| 25 km | | | | | | | | |
| | VA | | 01:38:56 | Lammer, Georg (1919) | TuS-LA | 05.05.1979 | Griesheim | |
| | | | 02:14:22 | Blatz, Hermann (1952) | TuS-LA | 25.03.2012 | Eschollbrücken | |
| | △ | | 02:25:09 | Walter, Dr. Rudolf (1949) | TuS-LA | 18.03.2012 | Rom | *01:59:59 (20.03.2005) |
| 30 km | | | | | | | | |
| | VA | | 02:52:40 | Walter, Dr. Rudolf (1949) | TuS-LA | 18.03.2012 | Rom | |

| N | △ | ~ Leistung | Name, Vorname (Jahrgang) | Verein | Datum Ort | Anmerkungen |
|---|---|------------|---------------------------|--------|----------------|-------------|
| | △ | 02:52:40 | Walter, Dr. Rudolf (1949) | TuS-LA | 18.03.2012 Rom | |

Marathon (42,195 km)

| | | | | | | |
|----|--|----------|---------------------------|--------|-------------------|------------------------|
| VA | | 02:56:54 | Wührer, Kurt (1930) | TuS-LA | 25.03.1990 Kandel | |
| N | | 03:58:28 | Walter, Dr. Rudolf (1949) | TuS-LA | 18.03.2012 Rom | *03:53:54 (31.10.2004) |

M65

1.500 m

| | | | | | | |
|----|-------------|----------------------------|--------|------------|-------------|--------------------------|
| VA | 00:05:41,46 | Metzger, Karl (1929) | TuS | 02.08.1998 | Minden | |
| | 00:05:44,06 | Heitzenröder, Heinz (1944) | TuS-LA | 17.06.2012 | Rüsselsheim | *00:04:18,7 (21.08.1984) |

10 km

| | | | | | | |
|----|------------|----------------------------|--------|------------|------------------|--------------------------|
| VA | 00:42:02 | Müller, Alfred (1935) | TuS-LA | 25.04.2000 | Jügesheim | |
| ~ | 00:59:21,5 | Heitzenröder, Heinz (1944) | TuS-LA | 31.08.2012 | Groß-Umstadt / S | *00:33:49,2 (07.01.1989) |

Halbmarathon (21,0975 km)

| | | | | | | |
|----|----------|--------------------------|--------|------------|-------------|--|
| VA | 01:31:30 | Wührer, Kurt (1930) | TuS-LA | 09.04.1995 | Rheinzabern | |
| N | 02:22:08 | Mühlbauer, Hubert (1947) | SVS | 15.04.2012 | Griesheim | |

| N | △ | ~ | Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|--------------|----|---|------------|--------------------------|--------|------------|-------------|--------------------------|
| M70 | | | | | | | | |
| 5 km | | | | | | | | |
| | VA | | 00:43:18 | Landsmann, Gernot (1942) | TuS | 31.12.2012 | Griesheim | |
| | | | 00:43:18 | Landsmann, Gernot (1942) | TuS | 31.12.2012 | Griesheim | |
| 15 km | | | | | | | | |
| | | ~ | 01:29:23,8 | Karypidis, Sabbas (1938) | TuS-LA | 17.06.2012 | Taunusstein | *01:13:08,9 (15.06.2003) |

N △ ~ Leistung

Name, Vorname (Jahrgang)

Verein

Datum Ort

Anmerkungen

M75

5 km

~ 00:28:12,4

Mühlhans, Edmund (1934)

TuS-LA

20.06.2012 Darmstadt

| N | △ | ~ | Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|---------------------------|---|---|-------------|------------------------------|---------|------------|------------------|---------------------------|
| Männer (M20 u. ä.) | | | | | | | | |
| 1.500 m | | | | | | | | |
| VA | | | 00:03:49,7 | Mayer, Günter (1941) | TuS-LA | 03.09.1977 | Neckargemünd | |
| | | | 00:05:44,06 | Heitzenröder, Heinz (1944) | TuS-LA | 17.06.2012 | Rüsselsheim | *00:04:18,7 (21.08.1984) |
| 3.000 m | | | | | | | | |
| VA | | | 00:08:14,2 | Mayer, Günter (1941) | TuS-LA | 13.07.1977 | Raunheim | |
| | | | 00:09:38,75 | Obst, Michael (1970) | TuS-LA | 05.09.2012 | Pfungstadt | *00:09:25,37 (07.06.2006) |
| | | | 00:11:50,7 | Öztürk, Aslan (1984) | TuS-LA | 24.04.2012 | Darmstadt | |
| 5.000 m (Bahn) | | | | | | | | |
| VA | | | 00:14:22,4 | Lunnon, Robert (1951) | TuS-LA | 28.06.1980 | Wetzlar | |
| | | | 00:16:35,44 | Obst, Michael (1970) | TuS-LA | 01.08.2012 | Pfungstadt | *00:16:18,41 (07.09.2005) |
| 5 km | | | | | | | | |
| VA | | | 00:16:41,0 | Obst, Michael (1970) | TuS-LA | 22.09.2012 | Hanau-Rodenbac | |
| | ~ | | 00:15:59,2 | Kuttich, Björn (1986) | OLC | 20.06.2012 | Darmstadt | |
| | ~ | | 00:16:27,1 | Obst, Michael (1970) | TuS-LA | 20.06.2012 | Darmstadt | |
| | ~ | | 00:16:40 | Burkhardt, Dominik (1977) | TuS-LA | 15.12.2012 | Seligenstadt | |
| | | | 00:16:41,0 | Obst, Michael (1970) | TuS-LA | 22.09.2012 | Hanau-Rodenbach | |
| | ~ | | 00:17:15,9 | Oeler, Jannik (1991) | TuS | 09.12.2012 | Weiterstadt | |
| | ~ | | 00:17:38,2 | Sieverding, Sascha (1970) | TuS-Tri | 12.05.2012 | Ober-Ramstadt | |
| | | | 00:17:55 | Niefer, Jens (1982) | 347 | 25.05.2012 | Wolfskehlen | |
| | | | 00:18:22 | Vossel, Niels (1977) | TuS-Tri | 31.12.2012 | Griesheim | |
| | ~ | | 00:18:47,7 | Witteborg (geb. Müller), Hei | TuS-LA | 20.06.2012 | Darmstadt | |
| | ~ | | 00:18:50,8 | Franzke, Martin (1969) | TuS-LA | 20.06.2012 | Darmstadt | |
| | | | 00:19:31 | Witteborg (geb. Müller), Hei | TuS-LA | 31.12.2012 | Griesheim | |
| | | | 00:19:35 | Hannewald, Michael (1987) | TuS-LA | 31.12.2012 | Griesheim | |
| | ~ | | 00:19:40,0 | Ölmez, Halil (1965) | TuS-LA | 16.05.2012 | Griesheim | |
| | | | 00:19:41 | Ovari, Attila (1976) | 347 | 25.05.2012 | Wolfskehlen | |
| | | | 00:19:57 | Krichbaum, Peter (1960) | TuS-LA | 25.05.2012 | Wolfskehlen | |
| | ~ | | 00:20:01,0 | Mohr, Marius (1980) | TuS-LA | 16.05.2012 | Griesheim | |
| | ~ | | 00:20:19,6 | Seipel, Axel (1949) | TuS-LA | 20.06.2012 | Darmstadt | |
| N | | | 00:20:25 | Öztürk, Aslan (1984) | TuS-LA | 23.09.2012 | Griesheim | |
| | | | 00:20:33 | Mohr, Marius (1980) | TuS-LA | 25.05.2012 | Wolfskehlen | 347Runningteam |
| N | △ | | 00:20:38 | Ölmez, Halil (1965) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | | 00:20:44 | Fengler, Matthias (1966) | TuS-LA | 28.10.2012 | Frankfurt | |
| | ~ | | 00:20:49,0 | Fischer, Georg (1961) | TuS-LA | 16.05.2012 | Griesheim | |
| | ~ | | 00:20:50,4 | Hammann, Jörg (1969) | TuS | 31.08.2012 | Groß-Umstadt / S | |
| | ~ | | 00:20:52,4 | Stjepovic, Peter (1967) | TuS-LA | 14.01.2012 | Rüsselsheim | |

| N | △ | ~ | Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|---|---|---|------------|----------------------------|---------|------------|--------------|----------------|
| | | ~ | 00:20:53,8 | Iffland, Heinz-Otto (1959) | TuS-LA | 20.06.2012 | Darmstadt | |
| N | | | 00:21:04 | Lindig, Lutz (1967) | TuS-Tri | 23.09.2012 | Griesheim | |
| | | ~ | 00:21:05 | Huth, Maurice (1975) | TuS-Tri | 15.12.2012 | Seligenstadt | |
| | | | 00:21:22 | Stjepovic, Peter (1967) | TuS-LA | 25.05.2012 | Wolfskehlen | |
| | | | 00:21:34 | Seipel, Axel (1949) | TuS-LA | 25.05.2012 | Wolfskehlen | 347Runningteam |
| N | △ | | 00:21:38 | Dornhoff, Benjamin (1980) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | | 00:21:58 | Schmidt-Schoormann, Karste | TuS-LA | 28.10.2012 | Frankfurt | |
| | | ~ | 00:22:05,9 | Schummer, Ingo (1964) | TuS-Tri | 20.06.2012 | Darmstadt | |
| | | ~ | 00:22:16,6 | Beltz, Marcel (1982) | 347 | 20.06.2012 | Darmstadt | |
| | | ~ | 00:23:20,9 | Heß, Wolfgang (1950) | TuS-LA | 20.06.2012 | Darmstadt | |
| N | △ | | 00:24:37 | Di Nisio, Nicola (1972) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | | 00:24:49 | Fabian, Ralf (1965) | TuS-Tri | 28.10.2012 | Frankfurt | |
| | △ | | 00:25:00 | Renger, Thomas (1954) | TuS-LA | 30.09.2012 | Berlin | |
| N | △ | | 00:25:09 | Monteiro, Helder (1975) | TuS-LA | 28.10.2012 | Frankfurt | |
| | | ~ | 00:25:36,8 | Brand, Lothar (1958) | TuS | 20.06.2012 | Darmstadt | |
| | | ~ | 00:26:44,3 | Kraft, Peter (1948) | TuS-LA | 09.12.2012 | Weiterstadt | |
| | | ~ | 00:28:12,4 | Mühlhans, Edmund (1934) | TuS-LA | 20.06.2012 | Darmstadt | |
| | | ~ | 00:30:54,3 | Löhr, Ulrich (1964) | TuS-LA | 17.11.2012 | Rüsselsheim | |
| | △ | | 00:34:40 | Walter, Dr. Rudolf (1949) | TuS-LA | 18.03.2012 | Rom | |
| | | | 00:43:18 | Landsmann, Gernot (1942) | TuS | 31.12.2012 | Griesheim | |

10 km

| | | | | | | | | |
|----|---|---|-------------|------------------------------|---------|------------|-----------------|--------------------------|
| VA | | | 00:29:23 | Lunnon, Robert (1951) | TuS-LA | 26.04.1980 | Troisdorf | |
| N | | | 00:32:52 | Schuster, Paul (1988) | TuS-Tri | 31.12.2012 | Frankfurt | |
| | | ~ | 00:33:25 | Obst, Michael (1970) | TuS-LA | 15.09.2012 | Darmstadt | *00:32:58 (07.01.2006) |
| | | | 00:33:32,2 | Burkhardt, Dominik (1977) | TuS-LA | 27.03.2012 | Niederrodenbach | |
| | | | 00:33:45,5 | Obst, Michael (1970) | TuS-LA | 27.03.2012 | Niederrodenbach | *00:32:58 (07.01.2006) |
| | | | 00:33:46 | Kuttich, Björn (1986) | OLC | 31.12.2012 | Griesheim | |
| | | | 00:35:25 | Oeler, Jannik (1991) | TuS | 31.12.2012 | Griesheim | |
| | | ~ | 00:36:02 | Sieverding, Sascha (1970) | TuS-Tri | 15.09.2012 | Darmstadt | *00:37:11,2 (19.03.2005) |
| | | | 00:37:32,6 | Vossel, Niels (1977) | TuS-Tri | 18.02.2012 | Groß-Gerau | *00:39:20 (10.12.2005) |
| | | | 00:37:38 | Sieverding, Sascha (1970) | TuS-Tri | 31.12.2012 | Griesheim | *00:37:11,2 (19.03.2005) |
| | | | 00:37:40,0 | Dornhoff, Benjamin (1980) | TuS-LA | 18.02.2012 | Groß-Gerau | |
| | | | 00:37:56,74 | Mohles, Felix (1990) | TuS | 09.04.2012 | Jügesheim | |
| N | | | 00:38:07 | Wilke, Thomas (1978) | TuS-Tri | 23.09.2012 | Griesheim | |
| | △ | | 00:38:19,30 | Schulteis, Peter (1965) | TuS-Tri | 23.09.2012 | Bensheim | *00:35:49 (29.05.1998) |
| | | ~ | 00:38:39 | Franzke, Martin (1969) | TuS-LA | 15.09.2012 | Darmstadt | |
| | | ~ | 00:38:49 | Fengler, Matthias (1966) | TuS-LA | 15.09.2012 | Darmstadt | |
| | | | 00:38:49 | Witteborg (geb. Müller), Hei | TuS-LA | 25.05.2012 | Wolfskehlen | |

| N | △ | ~ | Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|---|---|---|-------------|-----------------------------|---------|------------|------------------|--------------------------|
| N | | | 00:39:15 | Ölmez, Halil (1965) | TuS-LA | 23.09.2012 | Griesheim | |
| | | | 00:39:46 | Schmidt-Schoormann, Karste | TuS-LA | 12.05.2012 | Attendorn | |
| | | ~ | 00:40:00,5 | Mohr, Marius (1980) | TuS-LA | 12.05.2012 | Ober-Ramstadt | |
| | △ | | 00:40:02,40 | Gölzenleuchter, Gunnar (196 | TuS-Tri | 23.09.2012 | Bensheim | *00:34:30,2 (19.06.1998) |
| | | | 00:40:11,75 | Geisenhof, Gerd (1963) | TuS-Tri | 03.11.2012 | Jügesheim | *00:36:41,4 (05.02.2005) |
| | | | 00:40:39 | Mohr, Marius (1980) | TuS-LA | 31.12.2012 | Griesheim | |
| | | | 00:40:52 | Fengler, Matthias (1966) | TuS-LA | 31.12.2012 | Griesheim | |
| | | | 00:41:07,10 | Hannewald, Michael (1987) | TuS-LA | 01.12.2012 | Jügesheim | |
| | | | 00:41:09 | Schütz, Kai (1983) | TuS | 31.12.2012 | Griesheim | |
| N | | | 00:41:17,15 | Fabian, Ralf (1965) | TuS-Tri | 23.09.2012 | Bensheim | |
| | | ~ | 00:41:32,5 | Roth, Klaus (1963) | TuS-LA | 04.08.2012 | Gernsheim | |
| | △ | | 00:41:35,60 | Roth, Klaus (1963) | TuS-LA | 23.09.2012 | Bensheim | |
| | | | 00:42:19 | Seipel, Axel (1949) | TuS-LA | 22.04.2012 | Rödermark | *00:36:05,4 (11.02.1989) |
| | | | 00:42:25 | Krichbaum, Peter (1960) | TuS-LA | 31.12.2012 | Griesheim | |
| N | | | 00:42:30 | Iffland, Heinz-Otto (1959) | TuS-LA | 23.09.2012 | Griesheim | |
| | | ~ | 00:42:32,1 | Ziegler, Dr. Rudolf (1951) | TuS-LA | 12.05.2012 | Ober-Ramstadt | *00:39:36,6 (13.02.1999) |
| | | ~ | 00:42:40,8 | Rose, Alexander (1976) | 347 | 04.08.2012 | Gernsheim | |
| N | | | 00:42:53 | Di Nisio, Nicola (1972) | TuS-LA | 15.04.2012 | Griesheim | |
| | | | 00:42:55,40 | Hofmann, Klaus (1949) | TuS-LA | 07.01.2012 | Jügesheim | |
| | | | 00:42:57,0 | Zöllner, Thomas (1964) | TuS-LA | 18.02.2012 | Groß-Gerau | *00:37:29 (13.05.2005) |
| | | | 00:43:04 | Hammann, Jörg (1969) | TuS | 31.12.2012 | Griesheim | |
| | N | ~ | 00:43:11 | Stjepovic, Peter (1967) | TuS-LA | 03.06.2012 | Frankfurt | |
| N | | | 00:43:27 | Huth, Maurice (1975) | TuS-Tri | 23.09.2012 | Griesheim | *00:34:51,9 (01.09.2001) |
| | | | 00:43:29 | Öztürk, Aslan (1984) | TuS-LA | 31.12.2012 | Griesheim | |
| N | | | 00:43:32 | Becker, Sebastian (1975) | TuS | 23.09.2012 | Griesheim | |
| | | ~ | 00:43:46,2 | Reiss, Alexander (1969) | TuS | 31.08.2012 | Groß-Umstadt / S | |
| | | ~ | 00:43:50 | Kaster, Gerhard (1958) | TuS-LA | 31.12.2012 | Petershagen | *00:40:38 (19.05.1986) |
| | | ~ | 00:43:54,9 | Monteiro, Helder (1975) | TuS-LA | 13.10.2012 | Rüsselsheim | |
| | | | 00:44:22,7 | Stjepovic, Peter (1967) | TuS-LA | 18.02.2012 | Groß-Gerau | |
| | | ~ | 00:44:46,3 | Röth, Andreas (1961) | TuS-LA | 14.01.2012 | Rüsselsheim | *00:35:56,2 (01.02.1992) |
| | △ | | 00:44:49 | Pfeifer, Reinhold (1954) | TuS-LA | 02.09.2012 | Darmstadt | *00:39:16,1 (09.06.1995) |
| | | ~ | 00:44:59,1 | Blatz, Hermann (1952) | TuS-LA | 12.05.2012 | Ober-Ramstadt | |
| | | | 00:45:15 | Duchmann, Henning (1980) | TuS | 25.05.2012 | Wolfskehlen | |
| | | ~ | 00:45:30 | Fischer, Georg (1961) | TuS-LA | 08.12.2012 | Reinheim | |
| N | | | 00:46:06 | Borger, Peter (1967) | TuS | 23.09.2012 | Griesheim | |
| | | | 00:46:12 | Pfeifer, Max (1984) | TuS-Tri | 31.12.2012 | Griesheim | *00:40:27 (11.12.2004) |
| | | | 00:46:14,1 | Ziegler, Dr. Rudolf (1951) | TuS-LA | 07.07.2012 | Dieburg | *00:39:36,6 (13.02.1999) |
| | | | 00:46:18,7 | Blatz, Hermann (1952) | TuS-LA | 18.02.2012 | Groß-Gerau | |

| N | △ | ~ | Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|---|---|---|-------------|-----------------------------------|---------|------------|------------------|--------------------------|
| | | | 00:46:31 | Röth, Andreas (1961) | TuS-LA | 31.12.2012 | Griesheim | *00:35:56,2 (01.02.1992) |
| | | | 00:46:51 | Lindenstruth, Bastian (1979) | TuS-Te | 31.12.2012 | Griesheim | |
| | △ | | 00:46:59 | Lindig, Lutz (1967) | TuS-Tri | 02.09.2012 | Darmstadt | *00:38:35 (04.02.1995) |
| | △ | | 00:48:01 | Seip, Oliver H. (1962) | TuS-LA | 02.09.2012 | Darmstadt | |
| | | | 00:48:22,60 | Wardel, Bernd (1957) | TuS-LA | 04.02.2012 | Jügesheim | |
| | | | 00:48:59 | Schad, Kevin (1980) | TuS | 25.05.2012 | Wolfskehlen | |
| | | | 00:49:15 | Ljungström, Fredrik (1978) | TuS | 31.12.2012 | Griesheim | |
| | | | 00:49:49,86 | Jokisch, Rainer (1959) | TuS-LA | 07.01.2012 | Jügesheim | *00:42:30 (19.09.2004) |
| | | | 00:50:02 | Stork, Volker (1967) | TuS-Tri | 31.12.2012 | Griesheim | *00:40:59 (21.02.2004) |
| | △ | | 00:50:11 | Renger, Thomas (1954) | TuS-LA | 30.09.2012 | Berlin | |
| N | △ | | 00:50:13 | Monteiro, Helder (1975) | TuS-LA | 28.10.2012 | Frankfurt | |
| | △ | | 00:51:36 | Glöckner-Paulus, Gottfried (1961) | TuS-LA | 02.09.2012 | Darmstadt | *00:40:36,9 (01.09.2001) |
| | | | 00:52:43 | Heß, Wolfgang (1950) | TuS-LA | 31.12.2012 | Griesheim | *00:39:57,2 (19.06.1998) |
| | ~ | | 00:52:58,0 | Reichart, Gerald (1964) | TuS-Tri | 31.08.2012 | Groß-Umstadt / S | *00:37:16 (29.05.1998) |
| | ~ | | 00:53:31 | Heberer, David (1983) | TuS | 18.08.2012 | Roßdorf | |
| | | | 00:53:34 | Astheimer, Norbert (1960) | TuS-LA | 31.12.2012 | Griesheim | |
| | | | 00:55:30 | Kraft, Peter (1948) | TuS-LA | 31.12.2012 | Griesheim | *00:38:59 (04.05.1985) |
| | ~ | | 00:58:57,0 | Löhr, Ulrich (1964) | TuS-LA | 16.05.2012 | Griesheim | |
| N | | | 00:59:13 | Banfi, Stefano (1956) | SVS | 15.04.2012 | Griesheim | |
| | ~ | | 00:59:21,5 | Heitzenröder, Heinz (1944) | TuS-LA | 31.08.2012 | Groß-Umstadt / S | *00:33:49,2 (07.01.1989) |
| | △ | | 01:02:18 | Walter, Dr. Rudolf (1949) | TuS-LA | 18.03.2012 | Rom | *00:43:39 (16.10.2005) |
| | | | 01:07:26 | Löhr, Ulrich (1964) | TuS-LA | 31.12.2012 | Griesheim | |

15 km

| | | | | | | | | |
|----|---|--|-------------|----------------------------|---------|------------|---------------|--|
| VA | | | 00:47:12,5 | Mayer, Günter (1941) | TuS-LA | 15.03.1975 | Griesheim | |
| | ~ | | 00:57:54 | Vossel, Niels (1977) | TuS-Tri | 21.04.2012 | Mz-Laubenheim | |
| N | △ | | 01:01:47 | Ölmez, Halil (1965) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | | 01:02:28 | Fengler, Matthias (1966) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | | 01:04:53 | Dornhoff, Benjamin (1980) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | | 01:05:45 | Krichbaum, Peter (1960) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | | 01:05:52 | Schmidt-Schoormann, Karste | TuS-LA | 28.10.2012 | Frankfurt | |
| | ~ | | 01:06:51,8 | Stjepovic, Peter (1967) | TuS-LA | 17.11.2012 | Rüsselsheim | |
| N | | | 01:08:25 | Seip, Oliver H. (1962) | TuS-LA | 23.09.2012 | Griesheim | |
| N | | | 01:08:44 | Di Nisio, Nicola (1972) | TuS-LA | 23.09.2012 | Griesheim | |
| | ~ | | 01:09:07,6 | Monteiro, Helder (1975) | TuS-LA | 17.11.2012 | Rüsselsheim | |
| | ~ | | 01:09:38,2 | Renger, Thomas (1954) | TuS-LA | 17.11.2012 | Rüsselsheim | |
| | | | 01:11:32,00 | Fischer, Georg (1961) | TuS-LA | 27.10.2012 | Dörnberg | |
| N | △ | | 01:13:52 | Fabian, Ralf (1965) | TuS-Tri | 28.10.2012 | Frankfurt | |
| | △ | | 01:15:11 | Renger, Thomas (1954) | TuS-LA | 30.09.2012 | Berlin | |

| N | △ | ~ | Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|---|---|---|------------|---------------------------|--------|------------|-------------|--------------------------|
| N | △ | | 01:15:16 | Monteiro, Helder (1975) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | | 01:15:16 | Stjepovic, Peter (1967) | TuS-LA | 28.10.2012 | Frankfurt | |
| | | ~ | 01:29:23,8 | Karypidis, Sabbas (1938) | TuS-LA | 17.06.2012 | Taunusstein | *01:13:08,9 (15.06.2003) |
| | △ | | 01:30:08 | Walter, Dr. Rudolf (1949) | TuS-LA | 18.03.2012 | Rom | |
| N | | | 01:30:50 | Löhr, Ulrich (1964) | TuS-LA | 23.09.2012 | Griesheim | |

20 km

| | | | | | | | | |
|----|---|---|------------|----------------------------|---------|------------|-----------------|--|
| VA | | | 01:09:52 | Metzger, Otto (1949) | TuS-LA | 01.09.1974 | Gronau/Bottwart | |
| N | △ | | 01:22:25 | Ölmez, Halil (1965) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | | 01:23:34 | Fengler, Matthias (1966) | TuS-LA | 28.10.2012 | Frankfurt | |
| | | ~ | 01:25:42,4 | Schmidt-Schoormann, Karste | TuS-LA | 10.06.2012 | Alsbach | |
| N | △ | | 01:26:23 | Dornhoff, Benjamin (1980) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | | 01:28:05 | Krichbaum, Peter (1960) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | | 01:28:18 | Schmidt-Schoormann, Karste | TuS-LA | 28.10.2012 | Frankfurt | |
| N | | | 01:30:15 | Fischer, Georg (1961) | TuS-LA | 23.09.2012 | Griesheim | |
| | | ~ | 01:30:56,3 | Roth, Klaus (1963) | TuS-LA | 10.06.2012 | Alsbach | |
| N | △ | | 01:35:32 | Di Nisio, Nicola (1972) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | | 01:37:04 | Fabian, Ralf (1965) | TuS-Tri | 28.10.2012 | Frankfurt | |
| N | △ | | 01:40:13 | Monteiro, Helder (1975) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | | 01:40:13 | Stjepovic, Peter (1967) | TuS-LA | 28.10.2012 | Frankfurt | |
| | △ | | 01:40:33 | Renger, Thomas (1954) | TuS-LA | 30.09.2012 | Berlin | |

Halbmarathon (21,0975 km)

| | | | | | | | | |
|----|---|---|-------------|------------------------------|---------|------------|-----------|--------------------------|
| VA | | | 01:04:48 | Chrbolka, Vit (1966) | TuS-LA | 08.03.1992 | Frankfurt | |
| N | | | 01:14:30 | Obst, Michael (1970) | TuS-LA | 11.03.2012 | Frankfurt | *01:13:51 (17.04.2005) |
| N | | | 01:17:21 | Kuttich, Björn (1986) | OLC | 11.03.2012 | Frankfurt | |
| N | | | 01:21:37,00 | Schulteis, Peter (1965) | TuS-Tri | 23.09.2012 | Bensheim | *01:17:30 (03.10.1998) |
| N | | | 01:25:12 | Ölmez, Halil (1965) | TuS-LA | 14.10.2012 | Köln | |
| N | | | 01:25:21 | Mohles, Felix (1990) | TuS | 15.04.2012 | Griesheim | |
| | | ~ | 01:25:55,10 | Sieverding, Sascha (1970) | TuS-Tri | 03.10.2012 | Traisa | |
| | | ~ | 01:26:57,50 | Gölzenleuchter, Gunnar (196) | TuS-Tri | 03.10.2012 | Traisa | *01:17:33,8 (03.10.2000) |
| N | | | 01:27:28,35 | Gölzenleuchter, Gunnar (196) | TuS-Tri | 23.09.2012 | Bensheim | *01:17:33,8 (03.10.2000) |
| N | △ | | 01:28:10 | Fengler, Matthias (1966) | TuS-LA | 28.10.2012 | Frankfurt | |
| | | | 01:29:01,80 | Vossel, Niels (1977) | TuS-Tri | 14.10.2012 | Offenbach | |
| N | | | 01:29:07 | Schütz, Kai (1983) | TuS | 15.04.2012 | Griesheim | |
| N | | | 01:29:34 | Reiss, Alexander (1969) | TuS | 15.04.2012 | Griesheim | |
| N | | | 01:30:15 | Krichbaum, Peter (1960) | TuS-LA | 02.09.2012 | Darmstadt | |
| N | | | 01:30:36,45 | Roth, Klaus (1963) | TuS-LA | 23.09.2012 | Bensheim | |
| N | △ | | 01:31:11 | Dornhoff, Benjamin (1980) | TuS-LA | 28.10.2012 | Frankfurt | |

| N | △ | ~ | Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|---|---|---|-------------|-------------------------------|---------|------------|----------------|--------------------------|
| N | △ | | 01:33:17 | Schmidt-Schoormann, Karste | TuS-LA | 28.10.2012 | Frankfurt | |
| N | | | 01:35:53 | Hannewald, Michael (1987) | TuS-LA | 14.10.2012 | Köln | |
| N | | | 01:36:12 | Mohr, Marius (1980) | TuS-LA | 15.04.2012 | Griesheim | |
| | | ~ | 01:37:17,30 | Geisenhof, Gerd (1963) | TuS-Tri | 17.06.2012 | Wersau | *01:23:48 (02.03.1997) |
| N | | | 01:37:35 | Pfeifer, Reinhold (1954) | TuS-LA | 02.09.2012 | Darmstadt | *01:29:30,2 (27.08.2000) |
| N | | | 01:37:37 | Fischer, Georg (1961) | TuS-LA | 14.10.2012 | Köln | |
| N | | | 01:39:53 | Lindig, Lutz (1967) | TuS-Tri | 02.09.2012 | Darmstadt | *01:25:48 (05.03.1995) |
| N | △ | | 01:40:57 | Di Nisio, Nicola (1972) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | | 01:42:17 | Fabian, Ralf (1965) | TuS-Tri | 28.10.2012 | Frankfurt | |
| N | | | 01:42:27 | Seip, Oliver H. (1962) | TuS-LA | 02.09.2012 | Darmstadt | |
| | | ~ | 01:44:23,2 | Blatz, Hermann (1952) | TuS-LA | 02.09.2012 | Mühlheim a. M. | |
| N | | | 01:44:43,8 | Schad, Kevin (1980) | TuS | 16.09.2012 | Neu-Isenburg | |
| N | | | 01:45:04 | Jokisch, Rainer (1959) | TuS-LA | 02.09.2012 | Darmstadt | *01:34:11,4 (18.09.2005) |
| N | △ | | 01:45:46 | Stjepovic, Peter (1967) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | | 01:45:46 | Monteiro, Helder (1975) | TuS-LA | 28.10.2012 | Frankfurt | |
| | △ | | 01:46:03 | Renger, Thomas (1954) | TuS-LA | 30.09.2012 | Berlin | |
| N | | | 01:47:44 | Lindenstruth, Bastian (1979) | TuS-Te | 15.04.2012 | Griesheim | |
| | | | 01:47:48 | Blatz, Hermann (1952) | TuS-LA | 19.05.2012 | Offenbach | |
| N | | | 01:48:36 | Glöckner-Paulus, Gottfried (1 | TuS-LA | 02.09.2012 | Darmstadt | *01:28:45,1 (03.10.2001) |
| N | | | 01:50:51 | Geisenhof, Gerd (1963) | TuS-Tri | 28.04.2012 | Ingolstadt | *01:23:48 (02.03.1997) |
| N | | | 01:54:47 | Hoppe, Rainer (1964) | SVS | 15.04.2012 | Griesheim | |
| N | | | 01:54:56 | Heß, Wolfgang (1950) | TuS-LA | 06.05.2012 | Mainz | *01:29:29 (23.03.2002) |
| | △ | | 02:04:00 | Walter, Dr. Rudolf (1949) | TuS-LA | 18.03.2012 | Rom | *01:38:24 (18.09.2005) |
| | | ~ | 02:06:59,20 | Brand, Lothar (1958) | TuS | 03.10.2012 | Traisa | |
| N | | | 02:22:08 | Mühlbauer, Hubert (1947) | SVS | 15.04.2012 | Griesheim | |

25 km

| | | | | | | | | |
|----|---|--|------------|----------------------------|---------|------------|-----------|--|
| VA | | | 01:18:31,2 | Siefert, Wolfgang (1951) | TuS-LA | 02.05.1976 | Ameln | |
| N | | | 01:42:41 | Vossel, Niels (1977) | TuS-Tri | 23.09.2012 | Griesheim | |
| N | △ | | 01:43:24 | Ölmez, Halil (1965) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | | 01:44:44 | Fengler, Matthias (1966) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | | | 01:46:15 | Reiss, Alexander (1969) | TuS | 23.09.2012 | Griesheim | |
| N | △ | | 01:48:23 | Dornhoff, Benjamin (1980) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | | | 01:49:33 | Krichbaum, Peter (1960) | TuS-LA | 23.09.2012 | Griesheim | |
| N | △ | | 01:51:02 | Schmidt-Schoormann, Karste | TuS-LA | 28.10.2012 | Frankfurt | |
| N | | | 01:55:05 | Mohr, Marius (1980) | TuS-LA | 23.09.2012 | Griesheim | |
| N | △ | | 01:59:25 | Di Nisio, Nicola (1972) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | | 02:00:19 | Fabian, Ralf (1965) | TuS-Tri | 28.10.2012 | Frankfurt | |
| N | △ | | 02:05:29 | Monteiro, Helder (1975) | TuS-LA | 28.10.2012 | Frankfurt | |

| N | △ | ~ | Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|---|---|---|----------|---------------------------|--------|------------|----------------|------------------------|
| N | △ | | 02:05:29 | Stjepovic, Peter (1967) | TuS-LA | 28.10.2012 | Frankfurt | |
| | △ | | 02:06:12 | Renger, Thomas (1954) | TuS-LA | 30.09.2012 | Berlin | |
| | | | 02:14:22 | Blatz, Hermann (1952) | TuS-LA | 25.03.2012 | Eschollbrücken | |
| N | △ | | 02:14:58 | Hannewald, Michael (1987) | TuS-LA | 06.05.2012 | Mainz | |
| | △ | | 02:25:09 | Walter, Dr. Rudolf (1949) | TuS-LA | 18.03.2012 | Rom | *01:59:59 (20.03.2005) |

30 km

| | | | | | | | | |
|----|---|---|------------|------------------------------|---------------|-------------------|------------------|--|
| VA | | | 00:01:36,2 | Siefert, Wolfgang (1951) | TuS-LA | 04.09.1976 | Ebikon/SUI | |
| | | ~ | 01:54:06,5 | <i>Kuttich, Björn (1986)</i> | <i>OLC</i> | <i>18.03.2012</i> | <i>Friedberg</i> | |
| N | △ | | 02:04:50 | Ölmez, Halil (1965) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | | 02:06:42 | Fengler, Matthias (1966) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | | 02:11:06 | Dornhoff, Benjamin (1980) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | | 02:14:02 | Schmidt-Schoormann, Karste | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | | 02:14:52 | Krichbaum, Peter (1960) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | | 02:23:25 | Di Nisio, Nicola (1972) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | | 02:23:28 | Fabian, Ralf (1965) | TuS-Tri | 28.10.2012 | Frankfurt | |
| N | △ | | 02:30:57 | Monteiro, Helder (1975) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | △ | | 02:31:08 | Stjepovic, Peter (1967) | TuS-LA | 28.10.2012 | Frankfurt | |
| | | ~ | 02:31:45,2 | <i>Röth, Andreas (1961)</i> | <i>TuS-LA</i> | <i>18.03.2012</i> | <i>Friedberg</i> | |
| | △ | | 02:32:45 | Renger, Thomas (1954) | TuS-LA | 30.09.2012 | Berlin | |
| | △ | | 02:52:40 | Walter, Dr. Rudolf (1949) | TuS-LA | 18.03.2012 | Rom | |

Marathon (42,195 km)

| | | | | | | | | |
|----|--|--|-------------|----------------------------|---------|------------|-------------|--|
| VA | | | 02:21:08,8 | Siefert, Wolfgang (1951) | TuS-LA | 13.03.1976 | Griesheim | |
| N | | | 02:57:49 | Ölmez, Halil (1965) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | | | 03:00:17 | Fengler, Matthias (1966) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | | | 03:09:48 | Dornhoff, Benjamin (1980) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | | | 03:15:13 | Schmidt-Schoormann, Karste | TuS-LA | 28.10.2012 | Frankfurt | |
| N | | | 03:19:58 | Schulteis, Peter (1965) | TuS-Tri | 17.06.2012 | Regensburg | *02:46:04 (26.10.1997) Ironman (09:17:07) |
| N | | | 03:20:18,67 | Vossel, Niels (1977) | TuS-Tri | 01.12.2012 | Bad Arolsen | |
| N | | | 03:22:56 | Krichbaum, Peter (1960) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | | | 03:23:16,20 | Geisenhof, Gerd (1963) | TuS-Tri | 01.12.2012 | Bad Arolsen | *03:13:24 (29.10.1995) |
| N | | | 03:23:29 | Di Nisio, Nicola (1972) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | | | 03:24:46 | Fabian, Ralf (1965) | TuS-Tri | 28.10.2012 | Frankfurt | |
| N | | | 03:31:57 | Monteiro, Helder (1975) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | | | 03:38:00 | Renger, Thomas (1954) | TuS-LA | 30.09.2012 | Berlin | |
| N | | | 03:39:46 | Stjepovic, Peter (1967) | TuS-LA | 28.10.2012 | Frankfurt | |
| N | | | 03:50:59 | Mohr, Marius (1980) | TuS-LA | 06.05.2012 | Mainz | |
| N | | | 03:58:28 | Walter, Dr. Rudolf (1949) | TuS-LA | 18.03.2012 | Rom | *03:53:54 (31.10.2004) |

| N | △ | ~ Leistung | Name, Vorname (Jahrgang) | Verein | Datum | Ort | Anmerkungen |
|---|---|------------|---------------------------|---------|------------|------------|-----------------------|
| | | 03:59:03 | Höfer, Mike (1972) | TuS-LA | 26.02.2012 | Barchfeld | |
| N | | 04:02:46 | Borger, Peter (1967) | TuS | 02.09.2012 | Darmstadt | |
| N | | 04:04:53 | Schütz, Kai (1983) | TuS | 09.06.2012 | Moritzburg | Ironman (11:57:48,80) |
| N | | 04:10:48 | Hannewald, Michael (1987) | TuS-LA | 06.05.2012 | Mainz | |
| N | | 05:16:51 | Hunte, Marco (1962) | TuS-Tri | 20.05.2012 | Lanzarote | Ironman (12:42:35) |